

Supplemental Benefit Summary 2022

	24 hour Nurse Line	Be Active! Exercise Program	Home Delivered Meals	A1C Home Monitoring Kit*	PERS (Personal Emergency Response System)
Ability Care	✓	✓	✓	✓	
Senior Care Complete	✓	✓	✓	✓	✓
How to Access	Phone number is located on member ID card	Call Member Services, sign up and Exercise!	Care Coordinator submits request form and arranges meals with designated vendor	Details being finalized; a doctor order is needed and a preferred vendor has been selected	Care Coordinator submits request form and arranges with designated provider
Summary of Benefit	Nurse Line for members to call 24/365	Member receives up to \$20 off monthly health club membership	Meal delivery for 4 weeks following a hospitalization (2 episodes per year; 28 meals per episode)	Members with Diabetes may chose to do their A1C blood glucose monitoring in home instead of clinic lab	Medical Alert System

***DME/OTC Health and Safety Benefit for 2022 has been replaced with the A1C home monitoring kit**