

Up To **\$20** Be Rewarded™
Young Adult Well-care Visit (C&TC exam)

Yearly well-care visits, also known as Child & Teen Checkups (C&TC exams), are an important part of keeping yourself on track to maintaining good health and well-being. During a well-care (C&TC) visit, your health care provider will check your vital signs and complete a preventive health screening exam.

Call your doctor today to schedule a well-care (C&TC) visit. When making your appointment, tell them South Country and your local public health department recommend C&TC exams up to age 21. These visits are a covered benefit for all eligible South Country members. No copay or other charges apply.

Receive a \$10 gift card

You may be eligible for a \$10 gift card (each calendar year) at ages 18 to 21 if you complete a well-care (C&TC) visit. Bring this voucher to your exam and have the doctor or nurse fill it out. Then mail it to South Country to receive your gift card.

Receive a \$10 bonus reward

Earn an extra \$10 towards your gift card by completing a Chlamydia (sexual health) screening during your C&TC exam.



MUST be Completed by Member (fill out each blank):

Member's Name: _____ SCHA ID#: _____

Date of Birth: _____ Member's Phone #: _____

Member's Mailing Address: _____

City: _____ State: _____ Zip: _____

Must be completed by the provider: Date of Annual C&TC Exam: _____

Has this patient had a complete check-up? *Check one* Yes No Clinic Name: _____

Did this patient complete Chlamydia Screening? *Check one* Yes No

Is this information documented in the patient's record? *Check one* Yes No N.P.I.#: _____

Provider Signature: _____ Date: _____

To receive your reward*, mail completed voucher to:

**South Country Health Alliance, Attn: Health Promotions
 2300 Park Drive, Suite 100, Owatonna, MN 55060**

*** Member must complete a C&TC exam AND be ages 18 to 21 at the time of the exam. Member must be enrolled with South Country on the date of service, and voucher must be returned within 60 days to be eligible for reward. Allow 4 weeks for delivery.**

**Take
CHARGE!**



Be Rewarded™
Young Adult Well-care Visit

SOUTH COUNTRY
HEALTH ALLIANCE
Bringing Wellness Home

Questions? Call South Country Health Alliance Member Services

1-866-567-7242 ♦ TTY users call 1-800-627-3529 or 711

Hours of Service: 8 am to 8 pm, Monday - Friday



Email: members@mnscha.org **Fax:** 507-444-7774

Website: www.mnscha.org

SCHA Member Services 1-866-567-7242, TTY 1-800-627-3529 or 711

Attention: If you need free help interpreting this document, call the above number.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'ann ah ee tarjumaadda qorallkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este document, llame al número indicado arriba.



1-866-567-7242, TTY 711.

members@mnscha.org

Discrimination is against the law. South Country Health Alliance does not discriminate because of race, color, national origin, creed, religion, sexual orientation, public assistance status, marital status, age, disability or sex.