



Take charge of your health

Wellness Programs from South Country Health Alliance

\$25 Be Rewarded™ Colorectal Cancer Screening

Preventive screening for colorectal cancer with the right test at the right time can find abnormal cells so they can be treated before they turn into cancer (Centers for Disease Control and Prevention: www.cdc.gov/cancer/colorectal/).

Early detection is key

Members in AbilityCare and SeniorCare Complete are eligible to get a \$25 gift card for completing colorectal cancer screening through a fecal occult blood test (FOBT), flexible sigmoidoscopy, colonoscopy, CT colonography, and/or a FIT-DNA test. Colorectal cancer screening tests can find precancerous polyps, so that they can be removed before they turn into cancer and can also find colorectal cancer early.

If you are between the ages of 50 to 75, talk to your health care provider about getting screened and which screening is best for you.

Receive a \$25 gift card*

Bring this voucher to your exam and have your doctor or nurse fill it out. Then mail it to South Country to get your reward. Limit of one gift card per calendar year.



MUST be completed by member (fill out each blank):

Member's Name: _____ SCHA ID#: _____

Date of Birth: _____ Member's Phone #: _____

Member's Mailing Address: _____

City: _____ State: _____ Zip: _____

Must be completed by the provider: Date of Colorectal Cancer Screening: _____

Clinic Name: _____ N.P.I. #: _____

Is this information documented in the patient's record? *Check one* Yes No

Provider Name: _____

Provider Signature: _____ Date: _____

To receive your reward*, follow the mailing directions on the back of this voucher.

***Member must be enrolled with South Country on the date of service, be age 50 to 75, and this voucher must be returned within 60 days to be eligible for reward. Allow 4 weeks for delivery.**

**Take
CHARGE!**



Be Rewarded™
Colorectal Cancer Screening

**South
Country**
HEALTH ALLIANCE

**Questions? Call South Country Health Alliance Member Services
1-866-567-7242 ♦ TTY users call 1-800-627-3529 or 711**

Hours of Service: 8 am to 8 pm, Monday - Friday



Email: members@mnscha.org **Fax:** 507-444-7774

Website: www.mnscha.org

To receive your reward*, mail completed voucher to:

South Country Health Alliance

Attn: Health Promotions

6380 West Frontage Road,

Medford, MN 55049

H5703_6236_M; H2419_6236 Accepted SeniorCare Complete (HMO SNP) and AbilityCare (HMO SNP) are health plans that contract with both Medicare and the Minnesota Medical Assistance (Medicaid) program to provide benefits of both programs to enrollees. Enrollment in SeniorCare Complete and AbilityCare depends on contract renewal.

South Country Member Services 1-866-567-7242, TTY 1-800-627-3529 or 711

Attention: If you need free help interpreting this document, call the above number.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'ann ah ee tarjumaadda (afcelinta) qorallkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este document, llame al número indicado arriba.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntauv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.



1-866-567-7242, TTY 711.

members@mnscha.org