



Take charge of your health

Wellness Programs from South Country Health Alliance

# \$25 Be Rewarded™ Colorectal Cancer Screening

Preventive screening for colorectal cancer with the right test at the right time can find abnormal cells so they can be treated before they turn into cancer (Centers for Disease Control and Prevention: [www.cdc.gov/cancer/colorectal/](http://www.cdc.gov/cancer/colorectal/)).

### Early detection is key

Members are eligible to get a \$25 gift card for completing colorectal cancer screening through a fecal occult blood test (FOBT), flexible sigmoidoscopy, colonoscopy, CT colonography, and/or a FIT-DNA test. Colorectal cancer screening tests can find precancerous polyps, so that they can be removed before they turn into cancer and can also find colorectal cancer early.

If you are 45 years of age or older, talk to your health care provider about getting screened and which screening is best for you. Note that if you are under 45 and have certain risk factors, your provider may recommend a colorectal screening before age 45.

### Receive a \$25 gift card\*

Bring this voucher to your exam and have your provider fill it out. Then mail it to South Country to get your reward.

**Limit of one gift card per calendar year.**



### **MUST be completed by member (fill out each blank):**

Member's Name: \_\_\_\_\_ SCHA Member ID#: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Member's Phone #: \_\_\_\_\_

Member's Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Must be completed by the provider:** Date of Colorectal Cancer Screening: \_\_\_\_\_

Clinic Name: \_\_\_\_\_ N.P.I. #: \_\_\_\_\_

Is this information documented in the patient's record? *Check one*  Yes  No

Provider Name: \_\_\_\_\_

Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**To receive your reward\*, follow the mailing directions on the back of this voucher.**

**\*Member must be enrolled with South Country on the date of service and this voucher must be returned within 60 days to be eligible for reward. Allow 4 weeks for delivery.**

**Take  
CHARGE!**



Be Rewarded™  
**Colorectal Cancer Screening**

**South  
Country**  
HEALTH ALLIANCE

**Questions? Call South Country Health Alliance Member Services  
1-866-567-7242 ♦ TTY users call 1-800-627-3529 or 711**

Hours of Service: 8 am to 8 pm, Monday - Friday



**Email:** [members@mnscha.org](mailto:members@mnscha.org) **Fax:** 507-444-7774

**Website:** [www.mnscha.org](http://www.mnscha.org)

**To receive your reward\*, mail completed voucher to:**

**South Country Health Alliance**

**Attn: Health Promotions**

**6380 West Frontage Road,**

**Medford, MN 55049**

H5703\_6370\_C; H2419\_6370 Accepted SeniorCare Complete (HMO SNP) and AbilityCare (HMO SNP) are health plans that contract with both Medicare and the Minnesota Medical Assistance (Medicaid) program to provide benefits of both programs to enrollees. Enrollment in SeniorCare Complete and AbilityCare depends on contract renewal.

**South Country Member Services 1-866-567-7242, TTY 1-800-627-3529 or 711**

Attention: If you need free help interpreting this document, call the above number.

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Atención. Si desea recibir asistencia gratuita para interpretar este document, llame al número indicado arriba.

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1-866-567-7242, TTY 711.

[members@mnscha.org](mailto:members@mnscha.org)