Definition:

**Adult Diagnostic Assessment Update:** For adults 18 years old and over, use an adult DA update to revise a standard or extended DA that has occurred:
- within the past 12 months;
- within the past 24 months, when a previous adult diagnostic assessment update has occurred within the past 12 months.

An adult DA update must include:
- review of the member’s life situation;
- significant new or changed information; or document where there has not been significant change;
- screenings for substance use, abuse or dependency;
- mental status exam;
- an assessment of the member’s needs based on:
  - baseline measurements
  - symptoms
  - behavior
  - skills
  - abilities
  - resources
  - vulnerabilities
- safety;
- clinical summary;
- clinical summary, including recommendations and prioritization of needed mental health or other services;
- involvement of the member and member’s family in the assessment and his or her preferences or referrals to services;
- diagnosis on all axes of the current DSM;
- documentation of covered services;
- Medical Necessity, Individual Treatment Plan and Progress Note criteria the same as standard diagnostic.

**Assessment:** a test or other way of measuring something, such as a person’s mental health, or goals, or needs; often the first test in a series of tests or a test given before treatment starts.

**Assessor:** a person qualified under Rule 25 to perform an assessment of chemical use.

**Behavioral Health Care:** an encompassing term including assessment and treatment of mental and/or psychoactive substance abuse disorders.

**Brief Diagnostic Assessment (DA):** A brief diagnostic assessment may be used for:
- a new member;
- an existing member who had less than 10 sessions of psychotherapy in previous 12 months and is projected to need 10 or fewer psychotherapy sessions in the next 12 months;
- an existing member who only needs medication management;
- an annual assessment, if the member’s treatment history and provider’s clinical judgment suggest the member will need 10 or fewer mental health sessions in the next 12 months.

A brief diagnostic assessment may not be used for:
- when a member or member’s family requires a language interpreter to participate, unless the member:
  - had fewer than 10 sessions of psychotherapy in the previous 12 months and is projected to need fewer than 10 sessions in the following 12 months
  - receives only medication management
  - when a member is expected to need more than 10 sessions of mental health services in a 12-month period
  - documentation of Covered Services
  - Medical Necessity, Individual Treatment Plan and Progress Note criteria the same as standard diagnostic

A brief DA includes:
- sufficient information to apply a provisional clinical hypothesis; the clinical hypothesis may be used to address the member’s immediate needs or presenting problem;
- the member’s current life situation, including the following:
  - age
  - current living situation (including household membership and housing status)
  - basic needs status including economic status
  - education level and employment status
  - significant personal relationships (including member’s evaluation of relationship quality)
  - strengths and resources (including extent and quality of social networks)
  - belief system
  - contextual non-personal factors contributing to the member’s presenting concerns
  - general physical health and relationship to member’s culture
  - current medications
- member’s description of symptoms (including reason for referral);
- a mental status exam;
- screenings used to determine a member’s substance use, abuse or dependency, and other standardized screening instruments;
- a clinical summary that explains the provisional diagnostic hypothesis.

Chemical Health Services: a planned program of care for the treatment of chemical dependency or chemical abuse to minimize or prevent further chemical abuse.

Chemical Abuse: a pattern of inappropriate and harmful chemical use which could be linked to specific situations in a member’s life such as loss of a job, death of a loved one, or sudden change in life. Chemical abuse does not involve a pattern of pathological use, but it may progress toward it.

Chemical Dependency (CD): a pattern of pathological use, accompanied by the physical manifestations of increased tolerance to the chemical or chemicals being used or withdrawal syndrome following cessation of chemical use.

Chemical Use Assessment: an interview and written list of the member’s specific problems related to chemical use and risk description that will enable the assessor to determine an appropriate treatment planning decision according to the Minnesota Matrix.
Community Intervention Services: a series of strategies that help to reduce a member’s barriers to integration in the community or to independent living. These strategies minimize the risk of hospitalization or other restrictive living arrangements. A community intervention may involve a member’s relatives, friends, landlord, employer, teachers, neighbors and providers among others. Community intervention:

- must be aimed exclusively for the client and his/her treatment;
- must be provided on an individual basis;
- may be conducted in person or by phone;
- can be conducted without the client being present if the strategy is shown to be more effective without the client’s presence.

Community Mental Health System: a system intended to provide public mental health services directly to those in need of assistance in the communities where they reside. Intended to provide a community-based alternative to institutional care for many people with mental illness, implementation of the community mental health system rested on expansion of outpatient services in the community, particularly in federally funded community mental health centers.

Co-occurring Program: a chemical dependency treatment program serving members with co-occurring mental health conditions.

Crisis Assessment: an immediate, face-to-face assessment by a physician, mental health professional or mental health practitioner under clinical supervision by a mental health professional. It follows a screening that suggests a mental health crisis or emergency exists. A crisis assessment evaluates any immediate need for emergency services and as time permits, the member’s:

- current life situation;
- sources of stress;
- mental health problems and symptoms;
- strengths;
- cultural considerations;
- support network;
- vulnerabilities;
- current functioning.

Crisis Assistance: a service for the child, the child’s family and all providers of services to the child to:

- recognize factors precipitating a mental health crisis;
- identify behaviors related to the crisis;
- be informed of available resources to resolve the crisis.

Crisis assistance requires the development of a plan that addresses prevention and intervention strategies in a potential crisis, including plans for:

- arranging admission to acute care hospital inpatient treatment;
- crisis placement;
- community resources for follow-up;
- emotional support to the family during crisis.

Crisis Intervention: a face-to-face, short-term, intensive mental health service. It is initiated during a mental health crisis or emergency. The purpose is to help the member:

- cope with immediate stressors;
- identify strengths and available resources and begin to use them;
• avoid unnecessary hospitalization and loss of independent living;
• develop action plans;
• begin to return to his/her baseline level of functioning.

Crisis Stabilization Services: mental health services provided to a member after crisis intervention to help the member obtain his/her functional level as it was before the crisis. Provide stabilization services in the community, based on the crisis assessment and crisis plan.

Explanation of Findings: to discuss the results of the diagnostic assessment, psychological tests and other accumulated data to make recommendations in regard to the member’s treatment plan.

Extended Diagnostic Assessment (DA): an extended DA includes all components of a standard DA, gathered over three or more appointments. The member requires significant additional assessment time due to complex needs, caused by:
  o Acuity of psychotic disorder
  o Cognitive or neurocognitive impairment
  o A need to consider past diagnoses and determine their current applicability
  o Co-occurring substance abuse use disorder
  o Disruptive or changing environments
  o Communication barriers
  o Cultural considerations

For child members:
appointments may be conducted outside the office, with or without the child present, for face-to-face consultation and information gathering with:
  o Family members
  o Doctors
  o Caregivers
  o Teachers
  o Other providers
  o May involve directly observing the child in various settings that the child frequents (home, school, care settings)

For children under age 5:
• utilize the DC:0-5R diagnostic system for young children
• early childhood mental status exam that assesses the child’s developmental, social, and emotional functioning and style with the family and with the examiner. The exam includes:
  o physical appearance including dysmorphic features
  o reaction to new setting and people and adaptation during evaluation
  o self-regulation, including sensory regulation, unusual behaviors, activity level, attention span, and frustration tolerance
  o physical aspects, including motor function, muscle tone, coordination, tics, abnormal movements, and seizure activity
  o vocalization and speech production, including expressive and receptive language
  o thought, including fears, nightmares, dissociative states, and hallucinations
  o affect and mood, including modes of expression, range, responsiveness, duration, and intensity
  o play, including structure, content, symbolic functioning, and modulation of aggression
  o cognitive functioning
  o relatedness to parents, other caregivers, and examiner
  o other assessment tools as determined and periodically revised by the commissioner.
A new extended DA must be completed for a child:
• at least annually following the initial DA if additional services are needed;
• when a child does not meet the criteria for a brief or standard DA;
• when the child’s mental health condition has changed markedly since the child’s most recent DA;
• when the child’s current mental health condition does not meet criteria of the child’s current diagnosis.

For adult members:
• appointments may be conducted outside the office for face-to-face assessment with the adult;
• may involve directly observing the adult in various settings that the adult frequents (home, school, job, service settings, community settings);
• may include face-to-face meetings with:
  o The adult and family members
  o Doctors
  o Caregivers
  o Teachers
  o Social support network members
  o Recovery support resource representatives
  o Other providers
  o Completion of other assessment standards for adults.

A new extended DA must be completed for an adult:
• when the adult does not meet the criteria for a brief or standard DA;
• who has complex needs and requires at least three diagnostic appointments to complete the assessment, which allows further mental health services for one year;
• when the adult’s mental health condition has changed markedly since the adult’s most recent diagnostic assessment;
• when the adult’s current mental health condition does not meet criteria of the adult’s current diagnosis;
• documentation of Covered Services;
• Medical Necessity, Individual Treatment Plan and Progress Note criteria the same as standard diagnostic assessment.

Hospital Based Treatment Services: a licensed chemical dependency treatment program provided within a facility licensed as a hospital.

Health and Behavior Assessment / Intervention: a behavioral assessment or follow-up service is provided under physician order for information concerning a member’s psychological status in relation to a medical diagnosis. This is NOT a mental health diagnostic assessment.

Individual Treatment Plan (ITP): focuses on the member’s vision of recovery, their priority treatment goals and objectives and the interventions that will help meet those goals and objectives. The members on an ITP must be:
• based on the information and outcome of the diagnostic assessment;
• involve the member in the development, review and revision of the ITP;
• developed by the mental health professional who provides the psychotherapy, no later than the end of the first psychotherapy session, or five days, if the member is in a day treatment program;
• signed by the member (including revisions), unless the request is not appropriate to the member’s mental health status. In the case of a child, the child’s parent, primary caregiver, or other authorized person must sign the ITP. If a member refuses to sign the ITP or his/her mental health status contraindicates the request, the mental health professional must document the circumstances in the ITP;
• reviewed and updated as required by Minnesota Statute.

Medical Necessity: the member must have a primary DSM-V diagnosis (major mental disorder or emotional disturbance) based on the results of a diagnostic assessment. The mental health service provided should be consistent with the diagnosis and recognized as the prevailing standard or current practice. For mental health rehabilitation services (adult/children) to be medically necessary, the member’s functional impairment must be due to their mental health diagnosis and the impairment will be expected to improve as a result of the rehab service.

Medical Services: services delivered by appropriately credentialed medical staff to assess the member’s health care needs. The required intensity of medical care will be calculated at a minimum of two hours per week per member. Any one member will get the amount of care he or she needs.

Medication Assisted Therapy (MAT): combines behavioral therapy and medications to treat substance use disorders.

Mental Health Medication Management: determines the need for, or the effectiveness of, the medication prescribed for the treatment of a member’s symptoms of mental illness.

Mental Health Crisis: a behavioral, emotional, or psychiatric situation that would likely result in significantly reduced levels of functioning in primary activities of daily living or in the placement of the member in a more restrictive setting.

Mental Health Emergency: a behavioral, emotional, or psychiatric situation which causes an immediate need for mental health services (e.g. 911 call, emergency department visit or inpatient hospitalization).

Methadone Maintenance Treatment: is the use of methadone, a synthetic, habit forming drug used as a substitute, administered over a prolonged period of time (can be indefinite), as treatment for someone who is addicted to opioids (such as heroin), where detoxification has been unsuccessful and/or admittance to a substance abuse treatment facility requires complete abstinence.

Neuropsychological Services: used to identify the internal and external restrictions of a member’s cognitive, emotional, behavioral and social impairments. They are skills-based interventions.

Non-Residential Treatment Services: a licensed chemical dependency treatment program that meets the minimum requirements of Rule 31 or applicable tribal license that does not require members to reside in the same facility.

Psychotherapy for Crisis: services to assist in reducing a member’s mental health crisis through immediate assessment and psychotherapeutic interventions. An intervention of psychotherapy for crisis will diminish the suffering of the member in crisis and help restore life functioning.

Residential Treatment Program: a licensed chemical dependency treatment program that meets the minimum requirements of Rule 31 or applicable tribal license, and provides at least:
• 30 hours of treatment services per week and room and board to members - High Intensity;
- 15 hours of treatment services per week and room and board to members - Medium Intensity;
- 5 hours of treatment services per week and room and board to members - Low Intensity.

For purposes of placement, decisions may also include room and board provided by a facility with a contract with the Commissioner in conjunction with non-residential treatment services providing at least 30 hours of treatment.

**Room and Board:** a facility that provides meals and a place to reside for members who are participating in chemical dependency treatment.

**Rule 25:** establishes criteria for the appropriate level of chemical dependency care for members.

**Rule 31:** residential treatment licensing.

**Serious Mental Illness (SMI):** A mental, behavioral or emotional disorder (excluding developmental and substance use disorders);
- diagnosable currently or within the past year;
- of sufficient duration to meet diagnostic criteria specified within the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-V) and;
- resulting in serious functional impairment, which substantially interferes with or limits one or more major life activities.

**Serious and Persistent Mental Illness (SPMI):** a condition with a diagnosis of mental illness that meets at least one of the following criteria:
- member had two or more episodes of inpatient care for mental illness within the preceding 24 months;
- member had continuous psychiatric hospitalization or residential treatment exceeding six months duration within the preceding 12 months;
- member has been treated by a crisis team two or more times within the preceding 24 months;
- member has a diagnosis of schizophrenia, bipolar disorder, major depression, schizoaffective disorder or borderline personality disorder, evidences a significant impairment in functioning, and has a written opinion from a mental health professional stating he/she is likely to have future episodes requiring inpatient or residential treatment unless community support program services are provided;
- member has, in the last three years, been committed by a court as a mentally ill person under Minnesota statutes, or the adult’s commitment as a mentally ill person has been stayed or continued;
- member was eligible under one of the above criteria, but the specified time period has expired and has a written opinion from a mental health professional, in the last three years, stating that the adult is reasonably likely to have future episodes requiring inpatient or residential treatment unless ongoing case management or community support services are provided;
- member was eligible as a child with severe emotional disturbance and is age 21 or younger.

**Service Coordination:** helping the member obtain services and support the member needs to establish a lifestyle free from the harmful effects of substance abuse disorder. The placing authority must not duplicate service coordination activity that is already in place for the member:
- Rule 25 assessor should indicate service coordination that is already in place for the member on the Rule 25 Assessment and Placement Summary;
- Third Party Administrator (TPA) or a treating provider could also provide this service.

**Severe Emotional Disturbance (SED):** a child with severe emotional disturbance:
• has been admitted to inpatient/residential treatment within the last three years or is at risk of being admitted for an emotional disturbance;
• is a MN resident and receiving inpatient treatment or residential treatment for an emotional disturbance through the interstate compact;
• has been determined by a mental health professional to meet one of the following criteria:
  o have psychosis or clinical depression;
  o be at risk of harming self or others as a result of emotional disturbance;
  o has psychopathological symptoms as a result of being a victim of physical/sexual abuse or psychic trauma within the past year;
• has significantly impaired home, school or community functioning lasting at least one year or presents a risk of lasting at least one year, as a result of emotional disturbance, as determined by a mental health professional.

Skills Training: is medically necessary when the child has lost behavioral skills or failed to develop behavioral skills compared to others of similar age as a result of their diagnosed mental health disorder. Skills training may also be delivered to help the youth to self-monitor, compensate for, cope with, counteract or replace skills deficits or maladaptive skills acquired during the course of a psychiatric illness. Unlike a thought, feeling or perception, a skill is observable by others. It is an activity that must be practiced in order to be mastered and maintained. There are right ways and wrong ways to perform the skill. Typically, a skill is performed for a reason and a skill can be generalized and adapted to many different situations

Special Populations: this category of programs is:
• designed to address the unique needs of members who share a common language, racial, ethnic, or social background;
• governed with significant input from members of that specific background;
• employ individuals to provide individual or group therapy, at least 50 percent of whom are of that specific background, except that programs serving members with physical disabilities are exempt from this requirement.
Substance Use Disorder (SUD) Services

Eligible Providers

the following enrollment criteria must be met for residential and non-residential chemical dependency treatment programs to be eligible for payment:

- enroll and maintain a provider agreement with Minnesota Health Care Programs (MHCP) Manual;
- enroll and participate in the Drug and Alcohol Abuse Normative Evaluation System (DAANES);
- continually comply with the standards in the provider agreement;
- possess an acceptable license to provide CD treatment services, room and board services or both types of services;
- submit an annual financial statement that reports functional expenses of CD treatment costs in a form approved by the commissioner.

Acceptable licenses:

- Rule 31 chemical health treatment provider;
- Children’s Residential Facility with chemical dependency certification;
- appropriate tribal license, for providers located on tribe-owned reservation property;
- appropriate room and board license;
- for out of state providers, an appropriate CD treatment license for their state.

*if provider has more than one service delivery location, provider must obtain a separate license for and enroll each service delivery location

Eligible Members

- assessments are covered for South Country members on any South Country product;
- clinical eligibility is based on the results of a Rule 25 chemical health assessment. Members who score a severity rating of 2, 3, or 4 in Dimensions IV, V, or VI meet clinical eligibility for treatment;
- to qualify for residential level of care, a severity rating of 4 in either Dimension IV, V, or VI is required;
- a Rule 25 assessment using the Rule 25 Assessment Tool and Minnesota Matrix, is required for any member seeking public payment for CD treatment services, whether the member is assessed by the county, tribe of residence or through South Country.

Covered Services

- Detoxification –Residential / Non Residential;
- Rule 25 Chemical Use Assessments;
- Methadone Maintenance Treatment (Suboxone, Methadone, Injectable);
- Non Residential Treatment Services;
- Residential Treatment Services (Low, Moderate and High Intensity Rule 31);

Authorization

Notification is required (Form SCHA #2291) for an inpatient detoxification placement:

- if an inpatient hospitalization is medically necessary due to conditions in addition to, or resulting from, withdrawal. For example, conditions resulting from injury, accident or medical complications during detoxification, such as delirium, which requires constant availability of a physician or complex medical equipment found only in hospital settings would be covered;
- outpatient detoxification services are not covered.
Prior Authorization is required

- CD Request Form along with completed Rule 25 – (Assessor - Form SCHA #1762);
- Form SCHA #1762v3 must be completed by the assessor when there are no recommendations for treatment;
- CD Admission form for all Levels of Care (Form SCHA #1761)- Treating Facility at time of admission;
- South Country CD Complexities Grid (Form SCHA #1763)- provider at time of admission;
- Rule 25 Assessment and Placement Summary (DHS eDoc 2794), provider when requesting continued stay.

*South Country will no longer accept Rule 25 assessments from providers affiliated with or employed by the Methadone clinics or Opiate Treatment Programs (OTP) for members needing methadone maintenance treatment.

** For South Country members who are in the Minnesota Restricted Recipient Program (MRRP) and in need of Medicated Assisted Therapy (MAT) services, effective August 1, 2014 the primary care provider (PCP) must submit a medical referral form.

*** If a member is receiving a per diem rate for medication-assisted therapy services or medication-assisted therapy plus enhanced treatment services, the member must not receive a rate for hours of individual and group non-residential counseling services or a residential treatment per diem rate concurrently from the same licensed program location. The member may receive additional services at a different licensed location including nonresidential and residential services.

Additional Substance Use Disorder (SUD) Information

*Civil Commitment

a Rule 25 assessment does not need to be completed for a member being committed as a chemically dependent person and for the duration of a civil commitment

* Coordination of placement

- as stated in Rule 25, counties, tribes, and MCO’s (health plans) are all “placing authorities;”
- Rule 25 assessors are responsible for coordination of individual placement and treatment based upon member need. Prior authorization is required to request CD placement;
- the Placing Authority must provide service coordination for individuals receiving treatment and who have a risk description of 3 or 4 in Dimension IV, V or VI;
- for members requiring urgent placement, assessors may call South Country and ask to speak to the Behavioral Health Program Manager.

**Screening for Co-Occurring Mental Health and Substance Use Disorder

- individuals who perform chemical dependency assessments or mental health diagnostic assessments must use standardized screening tools approved by the commissioner of the Department of Human Services to identify whether an individual who is the subject of the assessment screens positive for a co-occurring mental health or chemical dependency disorder. Screening for substance use disorders is a required component of a diagnostic assessment for Medicaid payment.
- Approved screening tools are:
  - CAGE – Adapted to Include Drugs (CAGE-AID)
  - Global Appraisal of Individual Needs – Short Screener (GAIN-SS)

**Provider Reminder:** when a member is hospitalized for more than 23-hours during an authorized episode of Chemical Dependency treatment South Country will not continue to pay the treatment provider for the same dates of hospitalization services.
Mental Health Services

South Country follows at minimum all Minnesota DHS Medicaid requirements

Assertive Community Treatment (ACT)

a team-based approach to the provision of treatment, rehabilitation, and support services. ACT models of treatment are built around a self-contained multidisciplinary team that serves as the fixed point of responsibility for all member care for a fixed group of members. In this approach, normally used with members with severe and persistent mental illness, the treatment team typically provides all member services using a highly integrated approach to care.

Eligible Providers

- have a contract with a host county;
- be certified by DHS to provide Adult Rehabilitative Mental Health Services (ARMHS);
- meet specific fidelity standards, as detailed in the MN Assertive Community Standards;
- team includes the following specialists:
  - Psychiatrist (or provisionally, a psychiatric NP or CNS-MH);
  - Mental Health Professional, with supervisory experience, acting as team lead;
  - Registered Nurse (RN), for medication management;
  - Mental Health practitioner or rehabilitation worker, including a substance abuse specialist with at least one year of training or supervised experience in substance abuse treatment and a vocational specialist with at least one year training and experience in vocational rehabilitation and supported employment.

Eligible Members

A person who is eligible to receive ACT services:

- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance;
- age 18+;
- have a primary diagnosis of serious mental illness as determined by a Diagnostic Assessment;
- be a member of the target population the ACT team serves;
- have a LOCUS assessment with a Level 4 indication;
- have a completed Functional Assessment following the domains specified by statute with three or more areas of significant impairment in functioning.

Covered Services

- case management that supports the member's access to services such as:
  - Medical and dental services
  - Social services
  - Transportation
  - Legal advocacy
- support and skills training in:
  - Activities of daily living (self-care, home making, financial management, use of transportation and health and social services);
  - Social and interpersonal relationships;
  - Leisure time activities (including social, recreational and educational activities).
• illness education and medication management
• assistance in locating and maintaining safe, affordable housing, with an emphasis on member choice and independent community housing;
• psycho education to family members
• discharge:
  o supports are reduced as the member demonstrates increasing independence;
  o members have easy access to ACT team after graduating;
  o members can return to ACT team if necessary.

Non-Covered Services
• See table below

Authorization
**Notification is required** (Form SCHA #2281)
• Service limitations apply when ACT services are provided with other concurrent services.

Service Thresholds
• None.

Billing

## ACT & Other Concurrent Services

**The ACT team must coordinate all services provided concurrently with ACT services.**

*when requesting authorization, clearly document medical necessity for the additional service(s), including reasons ACT does not/cannot meet member’s needs (i.e.: specialty service, transitional service, etc.)*

<table>
<thead>
<tr>
<th>Other Service</th>
<th>Is service included in ACT?</th>
<th>Can service be provided in addition to ACT?</th>
<th>Service Limitations</th>
</tr>
</thead>
<tbody>
<tr>
<td>MH-TCM</td>
<td>Yes</td>
<td>No</td>
<td>Case management functions are bundled in the ACT rate. MH-TCM is covered only in the month of admission or discharge from ACT. MH-TCM must request authorization for coverage other than month of admission/discharge.</td>
</tr>
<tr>
<td>Day Treatment</td>
<td>No</td>
<td>Yes</td>
<td>Day Treatment program must request authorization. If ACT team approves Day Treatment, ACT team must provide a statement to Day Treatment provider for authorization request purposes.</td>
</tr>
<tr>
<td>Partial Hospitalization</td>
<td>No</td>
<td>Yes</td>
<td>Partial hospitalization thresholds and limitations apply.</td>
</tr>
<tr>
<td>IRTS</td>
<td>No</td>
<td>Yes</td>
<td>ACT and IRTS may be provided concurrently without authorization.</td>
</tr>
<tr>
<td>ARMHS</td>
<td>Yes</td>
<td>Yes</td>
<td>ARMHS provider must request authorization. If ACT team approves ARMHS, ACT team must provide a statement to ARMHS provider for authorization request purposes.</td>
</tr>
<tr>
<td>Service</td>
<td>Usually</td>
<td>If separately contracted</td>
<td>A component of ACT. Cannot be billed separately. No authorization required.</td>
</tr>
<tr>
<td>--------------------------------------------</td>
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<td>----------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Crisis Assessment and Intervention (mobile)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Crisis Stabilization – Non-residential</td>
<td>Yes</td>
<td>No</td>
<td>A component of ACT. Cannot be billed separately. No authorization required.</td>
</tr>
<tr>
<td>Crisis Stabilization – Residential</td>
<td>No</td>
<td>Yes</td>
<td>Service limits apply. Services must be coordinated between the ACT and residential crisis providers.</td>
</tr>
<tr>
<td>Psychiatric Physician Services</td>
<td>Sometimes</td>
<td>Yes</td>
<td>May be provided by physician, psychiatric NP, CNS-MH, or a physician extender (e.g., RN). Bill separately only if not included in ACT rate.</td>
</tr>
<tr>
<td>Outpatient Psychotherapy</td>
<td>Sometimes</td>
<td>Yes</td>
<td>Outpatient psychotherapy limits apply. May bill separately if not provided by ACT team.</td>
</tr>
<tr>
<td>Inpatient Hospitalization</td>
<td>No</td>
<td>Yes</td>
<td>Inpatient hospitalization services are reimbursed separately from ACT. ACT claims: enter POS code 21.</td>
</tr>
<tr>
<td>Waivered Services</td>
<td>No</td>
<td>Yes</td>
<td>County must approve concurrent care.</td>
</tr>
<tr>
<td>Other medical services (e.g. PCA)</td>
<td>No</td>
<td>Yes</td>
<td>Service limits apply to each service.</td>
</tr>
</tbody>
</table>

**Adult Rehabilitative Mental Health Services (ARMHS)**

services that enable members to develop and enhance psychiatric stability, social competencies, personal and emotional adjustment and independent living and community skills when these abilities are impaired by the symptoms of mental illness. Services are designed to enable a member to retain stability and functioning if the member is at risk of losing significant functionality or being admitted to a more restrictive service setting without these services. Typically, these services are provided as a one-to-one skills service but are at times taught in a group setting allowing each participant to benefit from a group modality. All services must be deemed as a medically necessary intervention.

**Eligible Providers**
The following individual mental health professional providers are eligible to provide ARMHS:
- clinical nurse specialist in mental health;
- licensed independent clinical social worker (LICSW);
- licensed marriage and family therapist (LMFT);
- licensed psychologist (LP);
- licensed professional clinical counselor (LPCC);
- mental health rehabilitation professional;
- nurse practitioner (NP) with psychiatric specialty;
- psychiatrist;
- mental health practitioner;
- mental health rehabilitation worker;
- certified peer specialist.

* each ARMHS provider must be certified to provide this service; re-certification must be completed every three years.

**Eligible Members**
A person who is eligible to receive ARMHS:
- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance;
• age 18+;
• primary diagnosis of a serious mental illness as determined by a Diagnostic Assessment;
• have a completed LOCUS assessment that indicates a Level 3 or a Level 2;
• have a significant impairment in functioning in three or more areas of the Functional Assessment domains specified in statute.

Covered Services
The following seven services are billable as ARMHS:
• basic living and social skills;
• certified peer specialist services;
• community intervention;
• functional assessment;
• individual treatment plan;
• medication education;
• transition to community living services.
*all covered services are provided face-to-face except community intervention. Documentation of activities is included in the covered service and must not be billed separately.

ARMHS services may be provided in the following settings:
• member’s home;
• home of a relative or significant other;
• member’s job site;
• community setting such as: clubhouse, drop in center, social setting, classroom, other places in the community.

Non-Covered Services
Do not provide ARMHS to a recipient residing in any of the following:
• regional treatment centers;
• nursing facilities;
• acute-care settings (inpatient hospital);
• sub-acute settings (Intensive Residential Treatment Services [IRTS] program).

Authorization
Prior authorization is required (Form SCHA #2285)
• after the threshold is met;
• if provided concurrently with ACT services.

Service Thresholds
• 1200 Units cumulative.
*all ARMHS codes combined per year

Billing

<table>
<thead>
<tr>
<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>H2017</td>
<td>Basic living and social skills – individual; MH professional or practitioner</td>
<td>15 min</td>
</tr>
<tr>
<td>H2017 HM</td>
<td>Basic living and social skills – individual; rehabilitation worker</td>
<td>15 min</td>
</tr>
<tr>
<td>Code</td>
<td>Level</td>
<td>Description</td>
</tr>
<tr>
<td>----------</td>
<td>-------</td>
<td>-----------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>H2017</td>
<td>HQ</td>
<td>Basic living and social skills – group; MH professional, practitioner or rehabilitation worker</td>
</tr>
<tr>
<td>H2017</td>
<td>U3</td>
<td>Basic living and social skills, transitioning to community living, MH professional or practitioner</td>
</tr>
<tr>
<td>H2017</td>
<td>U3 HM</td>
<td>Basic skills, transitioning to community living by a MH rehabilitation worker, less than bachelor’s degree level</td>
</tr>
<tr>
<td>90882</td>
<td></td>
<td>Environmental or community intervention, MH professional or practitioner</td>
</tr>
<tr>
<td>90882</td>
<td>HM</td>
<td>Environmental or community intervention, mental health rehabilitation worker</td>
</tr>
<tr>
<td>90882</td>
<td>U3</td>
<td>Environmental or community intervention, transition to community living intervention</td>
</tr>
<tr>
<td>90882</td>
<td>U3 HM</td>
<td>Environmental or community intervention, transition to community living intervention, less than bachelor’s degree level, MH rehabilitation worker</td>
</tr>
<tr>
<td>H0031</td>
<td>UD</td>
<td>MH Assessment by non-physician</td>
</tr>
<tr>
<td>H0031</td>
<td>UD T5</td>
<td>MH Assessment by non-physician, follow up service (review or update)</td>
</tr>
<tr>
<td>H0032</td>
<td>UD</td>
<td>MH service plan development by non-physician</td>
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<td>H0032</td>
<td>UD T5</td>
<td>MH service plan development by non-physician</td>
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<tr>
<td>H0034</td>
<td></td>
<td>Medication education, individual; MD, RN, PA or pharmacist</td>
</tr>
<tr>
<td>H0034</td>
<td>HQ</td>
<td>Medication education, group setting</td>
</tr>
</tbody>
</table>
Behavioral Health Homes (BHH) Services

a multi-disciplinary team that shares information and collaborates to deliver a holistic, coordinated plan of care by better meeting the needs of members experiencing serious mental illness and their families by addressing the member's physical, mental, substance use and wellness goals. BHH services offer a person-centered approach and engage and respect the member and family in their health care recovery and resiliency.

Eligible Providers

• be certified by DHS to deliver BHH services;
• be enrolled as a Medicaid provider and meet federal and state standards to become certified as a BHH provider;
• serve as a central point of contact for BHH members and ensure person centered development of a health action plan.

*provider must ensure that member has current MA coverage
**provider must review and explain the Behavioral Health Home Services Rights, Responsibilities and Consent form to the member
***provider must explain to member if they are receiving a duplicative service they must select which service they want to receive

BHH Team members can be:

• member;
• team leader;
• Integration Specialist (case management);
• BHH Systems Navigator (case management/care coordination);
• qualified Health Home Specialist (peer specialist, community health worker);
• consulting physicians;
• external professionals.

Eligible Members

• must be eligible for medical assistance (Medicaid);
• enrolled in South Country Health Alliance;
• have a condition that meets the definition of serious mental illness or emotional disturbance;
• have a current Diagnostic Assessment as performed or reviewed by a mental health professional employed by or under contract with the behavioral health home.

Covered Services

• case management;
• care coordination;
• health and wellness;
• comprehensive transitional care;
• individual and family supports;
• referral to community supports.

Non-Covered Services

• duplicative services, some examples are:
  o Adult Mental Health Targeted Case Management
  o Children’s Mental Health Targeted Case Management
  o Assertive Community Treatment
  o Vulnerable Adult / Developmental Disability Targeted Case Management
  o Relocation Services Coordination Targeted Case Management
Health Care Home care coordination services

Authorization

**Notification is required**
- to track enhanced rate.

Service Thresholds
- six-month lifetime per member - member engagement for enhanced rate.

*** Implementation date for this service was 07/01/2016.

Billing

<table>
<thead>
<tr>
<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>S0280</td>
<td>BHH services care engagement, initial plan</td>
<td>PMPM</td>
</tr>
<tr>
<td>S0281</td>
<td>BHH services ongoing standard care, maintenance of plan</td>
<td>PMPM</td>
</tr>
</tbody>
</table>

Limitations on engagement rate – lifetime limit of six payments in member’s lifetime.
No payment if prior payment for duplicative service was made in same calendar month.

**Certified Community Behavioral Health Clinics (CCBHC)**

A service delivery model that aims to coordinate care across settings and providers to ensure seamless transitions for individuals across the full spectrum of health and social services, increase consistent use of evidence-based practices and improve access to high-quality care.

Eligible Providers

Certified Community Behavioral Health Clinics beginning July 2017:
- Amherst H. Wilder Foundation serving Ramsey County;
- Northern Pines Mental Health Center in the northcentral part of the state;
- Northwestern Mental Health Center serving six northwest counties;
- People Incorporated serving Anoka, Dakota, Hennepin and Ramsey counties;
- Ramsey County Mental Health Center serving Ramsey County;
- Zumbro Valley Health Center in Olmstead and Fillmore Counties in the southeast.

*During the federal demonstration program period (July 2017-June 2019), additional organizations/providers cannot be added to the state’s (MN) demonstration.

Eligible Members

- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance;
- be receiving at least one of the required services from one of the six identified CCBHCs;
- if new to receiving services from one of the six identified CCBHCs, must have received a preliminary screening and risk assessment and receive at least one CCBHC service from the CCBHC.

Covered Services

- outpatient mental health and substance use disorder services;
- primary care screening and monitoring;
- screening, assessment and diagnosis, including risk management;
- psychiatric rehabilitation services, including ARMHS and CTSS;

SCHA Provider Manual Chapter 22 Behavioral Health Services October 2017
• crisis mental health services, including 24-mobile crisis teams, emergency crisis intervention services and crisis stabilization;
• patient-centered treatment planning;
• targeted case management;
• peer and family support;
• services for members of the armed forces and veterans;
• connections with other providers and systems.
*regardless of how the service is provided, the CCBHC retains the responsibility to coordinate care. CCBHCs are expected to perform care coordination across settings and providers to ensure seamless transitions for patients across the full spectrum of health services, including acute, chronic, and behavioral need.

Non-Covered Services
N/A

Authorization

Notification is required –
• if the member is not referred by a MCO care coordinator the CCBHC will notify and communicate to the MCO that the member is receiving CCBHC services;
• provider will notify the MCO when a member’s casefile has been closed;
• if the member receiving CCBHC services has been assigned a MCO care coordinator by MCO, the CCBHC provider must record the MCO care coordinator’s name and contact information in the member’s CCBHC records and a schedule for how frequently the CCBHC provider will check in with the MCO care coordinator;
• if the CCBHC provider learns that the member is or has been hospitalized, the CCBHC provider must notify the MCO in a timely manner;
• if the CCBHC learns that the member was treated in the emergency department, the CCBHC provider must notify the MCO in a timely manner;
• the CCBHC provider must contact the MCO if the member requires assistance to ensure access to needed treatment or services upon discharge;
• the CCBHC provider is responsible for having contact with the member, member’s family, or other identified supports to ensure that the member is able to access all needed services and supports at the time of discharge or other transition.

Billing

Certified Community Behavioral Health Clinic (CCBHC) Services Billing
CCBHCs will be paid a daily encounter rate for all qualified services provided to South Country Health Alliance members. The daily encounter rate supports high quality, evidence-based services, outreach, trust building, and supports needed by individuals served. CCBHC services that qualify for a daily encounter rate are listed on the DHS Scope of Services (PDF) form.


Certified Peer Specialist Services (CPSS)
specific rehabilitative services emphasizing the acquisition, development and enhancement of skills needed by a member with mental illness to move forward in their recovery. These services are self-directed and person-centered with a focus on recovery. CPSS are identified in a treatment plan or an Individualized Service Plan and are characterized by a partnering approach between the CPS and the
member who receives the services (peer). The CPSS works as a member of the team to address feelings of stigma, social isolation, personal loss and systemic power dynamics that can be common when accessing mental health services. This is accomplished through a mutual shared experience of utilizing mental health services and includes modeling wellness and demonstrating personal responsibility, self-advocacy and hopefulness through appropriate sharing of the recovery journey.

CPSS incorporate elements of motivational interviewing and strengths-based psychosocial service approaches. These services:
- are mental health rehabilitative services provided by a CPS;
- must be identified in a member’s individual service plan or treatment plan;
- are characterized by a partnering approach between the CPS and the member who receives the services.

Eligible Providers
Certified Peer Specialist Level I:
- age 21+;
- have a high school diploma, GED or equivalent;
- have a primary diagnosis of mental illness;
- is a current or former consumer of mental health services;
- demonstrates leadership and advocacy skills;
- successfully completes the DHS approved Certified Peer Specialist training and certification exam.

Certified Peer Specialist Level II:
Must meet all requirements of a Level I CPS and one or more of the following criteria:
- is qualified as a mental health practitioner;
- has at least 6,000 hours of supervised experience in the delivery of peer services to people with mental illness;
- has at least 4,000 hours of supervised experience in the delivery of services to people with mental illness and an additional 2,000 hours of supervised experience in the delivery of peer services to people with mental illness.

Eligible Members
A member must be:
- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance;
- age 18+;
- receive ACT, ARMHS, IRTS or Crisis Services.

Covered services
- education and skill-building, including but not limited to the following:
  - wellness planning
  - crisis planning
  - advanced Psychiatric Directives
  - self-advocacy skills including connecting to professional services when appropriate
- services that help recipients to do the following:
  - identify their strengths and to use their strengths to reach their treatment goals
  - identify and overcome barriers to participation in community resources
  - connect with resources, including:
    ✓ Visiting community resources to assist them in becoming familiar with potential opportunities
✓ teaching and modeling the skills needed to successfully utilize community resources

- building relationships and encouraging community-based activities, such as:
  - work
  - relationships
  - physical activity
  - self-directed hobbies
- Transition to Community Living (TCL) services when working for a certified Adult Rehabilitative Mental Health Service (ARMHS) provider.

Non-Covered Services
- transportation;
- services that are performed by volunteers;
- household tasks, chores, or related activities such as laundering clothes, moving, housekeeping, and grocery shopping;
- time spent “on call” and not delivering services to clients;
- job-specific skills services, such as on-the-job training;
- case management;
- outreach to potential clients;
- room and board;
- service by providers that are not approved to provide CPSS as part of their ARMHS, ACT, IRTS or crisis stabilization services.

Authorization
Prior authorization is required (Form SCHA #2285)
- after threshold is met.

Service Thresholds
- 300 hours per calendar year combined total of H0038, H0038 U5, and H0038 HQ.

Billing

<table>
<thead>
<tr>
<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
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</thead>
<tbody>
<tr>
<td>H0038</td>
<td>Self-help / peer services by Level I Certified Peer Specialist</td>
<td>15 min</td>
</tr>
<tr>
<td>H0038 U5</td>
<td>Self-help / peer services by Level II Certified Peer Specialist</td>
<td>15 min</td>
</tr>
<tr>
<td>H0038 HQ</td>
<td>Self-help / peer services in a group setting</td>
<td>15 min</td>
</tr>
</tbody>
</table>

Children’s Mental Health Residential Treatment Services (CMHRTS)- Rule 5
A 24 hour per day program provided under the clinical supervision of a mental health professional and provided in a community setting other than an acute care hospital or regional treatment center.

CMHRTS are designed to:
- prevent placement in settings that are more intensive, costly or restrictive than necessary and appropriate to meet the child’s needs;
- help the child improve family living and social interaction skills;
- help the child gain necessary skills to return to the community;
• stabilize crisis admissions;
• work with families throughout the placement to improve the ability of families to care for children with severe emotional disturbance in the home.

Eligible Providers:
• licensed by the state of MN to provide children’s mental health residential treatment services;
• under clinical supervision of a mental health professional;
• under contract with a lead county; and
• enrolled as MHCP provider.

Eligible Members
A member must be:
• must be eligible for medical assistance (Medicaid);
• enrolled in South Country Health Alliance;
• under age 18;
• meet criteria for severe emotional disturbance; and
• have been screened by the county, managed care organization or tribe, as applicable to the specific member, before placement in the facility as needing residential treatment services.

*children may receive mental health treatment in residential settings in other states. State law provides, for a portion of the costs for residential services furnished to children with severe emotional disturbance in facilities located in states that boarder Minnesota, to be covered in certain circumstances. The placement must be made by the county, the facility must be located nearest to the child’s home and appropriate to the child’s level of care, and the facility must be located in Wisconsin, Iowa, North Dakota, or South Dakota. The facility must be inspected by the Licensing Division of the Department of Human Services and be certified to substantially meet the standards applicable to children’s residential mental health treatment programs.

**facilities with certified children’s mental health programs located in a state that borders Minnesota and that have met all the requirements of Minnesota Statute, Section 256B.0945, are eligible to receive both Title IV-E and MA reimbursement.

***out-of-state facilities that do not appear on the list located on the MN Department of Human Services website are not eligible for MA reimbursement for Minnesota counties and the placement will not be covered.

Authorization
Notification is required (Form SCHA #2324)
The county must notify Mayo Clinic Health Solutions Behavioral Health of any placement in a Rule 5 facility within 24 hours of admission.

Counties shall provide notification of pending placement to South Country Health Alliance Provider Services (South Country Health Alliance’s Third Party Administrator, Mayo Clinic Health Solutions Behavioral Health) at 1-800-645-6296; Fax number 1-888-889-7822. South Country Provider Services will coordinate the admission and continuing stay criteria on behalf of South Country Health Alliance.

*for children enrolled in pre-paid Medical Assistance or Minnesota Care plans, counties are responsible for costs associated with these placements except to the extent medically necessary treatment and rehabilitative services provided in those programs are the responsibility of the pre-paid plan.

**both South Country Health Alliance and the county have a role in authorizing, paying for and monitoring children’s residential mental health treatment services.

The following procedures will apply for Children’s Residential / Rule 5 placement:

Process for Coordination of Admission:
Counties are required to conduct a level of care determination (using a validated tool such as CASII or ECSII) under M.S. 245.4885 prior to admission for residential treatment.
South Country Health Alliance or its Third-Party Administrator, Mayo Clinic Health Solutions, is required to respond with an authorization or denial to member requests for services **within 10 business days or within 72 hours** if an expedited request was made.

- Request for placement can come to:
  - Mayo Clinic Health Solutions Behavioral Health, by calling 1-800-645-6296;
  - to the member's county intake worker;

If the county receives request for placement, the county will **immediately** notify South Country Health Alliance Provider Services of request for placement.

- if questions, calls may also go to South Country Health Alliance member services at 1-866-567-7242.

Mayo Clinic Health Solutions Behavioral Health staff will collaborate with the member’s county and coordinate benefits with member’s county placement screening team/children’s mental health services unit.

Mayo Clinic Health Solutions Behavioral Health staff will contact the enrolled child’s county to arrange for a validated level of care determination / placement screening (**up to 10 days**) under M.S. 245.4885 to determine if placement in a residential treatment program is authorized.

Mayo Clinic Health Solutions Behavioral Health staff will send out an approval letter to the member’s authorized representative and to the county stating the member meets criteria for placement.

Mayo Clinic Health Solutions Behavioral Health will respond **within 72 hours** of its decision to authorize or deny coverage for mental health services in a residential setting if an expedited response was requested. If inadequate information is available to determine medical necessity for placement, the decision may be denied.

- Prior to convening the level of care determination/placement screening team, Mayo Clinic Health Solutions Behavioral Health and the county should identify whether they need additional information to make an informed decision.

If the enrolled child is not currently receiving mental health case management services, the county should assess for eligibility for mental health targeted case management and if eligible, begin case management services immediately.

The county convenes the placement screening team, including a representative from South Country Health Alliance’s Third Party Administrator, Mayo Clinic Health Solutions Behavioral Health, either in person or by teleconference and a representative from South Country Health Alliance Health Services Department.

The joint team makes a recommendation for the necessary level of care, which includes a review of past/current services, CASII functional assessment findings, diagnostic assessment, etc. Mayo Clinic Health Solutions Behavioral Health and the county inform the family, caregiver and child’s treating mental health professional of the joint decision for placement and treatment in a Rule 5 facility and of any applicable appeal rights.

The county provides Mayo Clinic Health Solutions Behavioral Health with the name and phone numbers of the facilities being considered. The county should also provide the Facility Tax ID Number and Address if known.
Court ordered admissions
A copy of the court order is required to be faxed to South Country Health Alliance /Mayo Clinic Health Solutions Behavioral Health at 1-888-889-7822.

Notification is required (Form SCHA #2324)
Providers are required to notify South Country Health Alliance/Mayo Clinic Health Solutions Behavioral Health of member placement within 24 hours of admission, to ensure payment.

Coordination of Continued Stay and Discharge Plans:
All parties should work for agreement between the child’s family/legal representative, county, South Country Health Alliance/Mayo Clinic Health Solutions Behavioral Health and facility staff on global goals related to the child’s treatment.

South Country will be responsible for case management of members placed in Rule 5 facilities, this includes being in contact with the facility as well as the member’s county case manager to assure that:

• a plan has been created for what will occur when the goals are achieved;
• alternate plans have been discussed that may be pursued if the child doesn’t respond as expected in treatment.

The facility, county, South Country Health Services Department, and South Country Health Alliance/Mayo Clinic Health Solutions Behavioral Health should communicate before acting unilaterally.

To find out if a children’s residential facility has been inspected/licensed by the Minnesota Department of Human Services and/or certified by the Minnesota Department of Corrections, click on: https://licensinglookup.dhs.state.mn.us/

Facilities and programs that are not licensed/certified are not eligible for Medicaid reimbursement in Minnesota.

** NOTE: Counties remain responsible for the non-treatment portion of the child when enrolled in managed care.

Clinical Care Consultation - Children’s Mental Health
communication between a treating mental health professional and other providers or educators, who are working with the same member. These professionals use the consultation to discuss the following:

• issues about the member’s symptoms;
• strategies for effective engagement, care and intervention needs;
• treatment expectations across service settings;
• clinical service components provided to the member and family.

Eligible Providers
• Clinical Nurse Specialist in mental health (CNS);
• Licensed Independent Clinical Social Worker (LICSW);
• Licensed Marriage and Family Therapist (LMFT);
• Licensed Professional Clinical Counselor (LPCC);
• Licensed Psychologist (LP);
• Psychiatric Nurse Practitioner (NP);
- Psychiatrist or Osteopathic Physician;
- Tribal Mental Health Professional;
- Mental Health Practitioners working as clinical trainees.

**Eligible Members**
- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance;
- between the ages of 0-21;
- have a diagnosis of a mental illness determined by a diagnostic assessment.

**Covered Services**
Clinical care consultation between the treating mental health professional and another provider or educator. Examples of appropriate providers and educators who may receive a consultation include the following:
- home health care agencies;
- child care providers;
- children’s mental health case managers;
- educators;
- probation agents;
- adoption or guardianship workers;
- guardians ad litem;
- child protection workers;
- pediatricians;
- nurses;
- after school program staff;
- mentors.

*Two mental health professionals treating the same member may consult; however, they need to split the time into two billable amounts comprising the total amount of time. Clinical care consultation may be done by telephone or face to face.*

**Authorization**
Prior Authorization is required (Form – DHS eDoc 4695 – ENG)
- after threshold is met

**Service Threshold**
- 15 hours / calendar year

**Billing**

<table>
<thead>
<tr>
<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>90899</td>
<td>U8 Clinical care consultation, face to face</td>
<td>5-10 min</td>
</tr>
<tr>
<td>90899</td>
<td>U9 Clinical care consultation; face to face</td>
<td>11-20 min</td>
</tr>
<tr>
<td>90899</td>
<td>UB Clinical care consultation; face to face</td>
<td>21-30 min</td>
</tr>
<tr>
<td>90899</td>
<td>UC Clinical care consultation; face to face</td>
<td>31+ min</td>
</tr>
</tbody>
</table>
**Crisis Services - Adult**

Community based services provided by a county, tribe or other contracted agency to members age 18 or older who are experiencing a mental health crisis or emergency. It includes those members with a co-occurring substance abuse and mental health disorders who do not need the level of a detoxification facility.

**Eligible Providers**
- A county or country-contracted mental health professional, practitioner, or rehabilitation worker;
- A mobile crisis intervention team which consists of two or more mental health professionals or at least one mental health professional and one mental health practitioner.

**Eligible Members**
- Must be eligible for medical assistance (Medicaid);
- Enrolled in South Country Health Alliance;
- Age 18+;
- Experiencing a mental health crisis or emergency.

**Covered Services**

Adult Crisis Services may include a number of services:
- Crisis/Emergency screening;
- Mobile mental health crisis assessment, intervention and stabilization;
- Residential crisis stabilization;
- Community intervention;
- Rapid access to a psychiatrist or other medication prescriber;
- Health care and benefit navigator;
- Assistance in purchasing medications.

*A crisis assessment, as described here, can be used in lieu of a brief diagnostic assessment to allow 10 sessions of outpatient mental health service to someone who has not had mental health services in the past or to an existing client who should not need more than 10 sessions during the year.

**Non-Covered Services**

Community intervention services do not include:
- Member transporting services;
- Crisis response services performed by volunteers;
- Provider performance of household tasks, chores or related activities such as laundering clothes, moving the recipient’s household, housekeeping and grocery shopping for the member;
- Time spent “on call” and not delivering services to member;
- Activities primarily social or recreational in nature, rather than rehabilitative;
- Job specific skills services such as on the job training;
- Case management;
- Routine communication among members of the treatment team, routine staffing or a care conference;
- Telephone contacts that do not conform to the definition of this service or that are not properly documented;
- Clinical supervision or consultation with other professionals;
- Developing a treatment plan;
- Outreach services to potential members;
- crisis response services provided by a hospital, board and lodging or residential facility to a recipient of that facility;
- room and board.

**Authorization**

**Prior Authorization is required** (Form SCHA #2285):
- after threshold is met
  - **Service Thresholds**
    - Community Crisis Response, NONE.
    - Residential Crisis Stabilization; required for more than ten (10) days in a calendar month.
    - Community Intervention; limited basis and must follow ARMHS billing instructions/thresholds.

**Billing**

<table>
<thead>
<tr>
<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
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</thead>
<tbody>
<tr>
<td>S9484</td>
<td>Adult crisis assessment, intervention and stabilization – individual by mental health professional</td>
<td>60 minutes</td>
</tr>
<tr>
<td>S9484 HN</td>
<td>Adult crisis assessment, intervention and stabilization – individual practitioner</td>
<td>60 minutes</td>
</tr>
<tr>
<td>S9484 HM</td>
<td>Adult crisis stabilization – individual by mental health rehabilitation worker</td>
<td>60 minutes</td>
</tr>
<tr>
<td>S9484 HQ</td>
<td>Adult crisis stabilization - group</td>
<td>60 minutes</td>
</tr>
<tr>
<td>H0018</td>
<td>Adult crisis stabilization, residential</td>
<td>1 day</td>
</tr>
<tr>
<td>90882 HK</td>
<td>Community Intervention</td>
<td>1 session</td>
</tr>
<tr>
<td>90882 HK HM</td>
<td>Community Intervention by a mental health rehabilitation worker</td>
<td>1 session</td>
</tr>
</tbody>
</table>

**Crisis Services - Children**

intensive face-to-face, short-term mental health services initiated during a crisis to help the child return to the child’s baseline level of functioning.

**Eligible Providers**
- a county or country-contracted mental health professional, practitioner, or rehabilitation worker;
- a mobile crisis intervention team which consists of two or more mental health professionals or at least one mental health professional and one mental health practitioner.

**Eligible Members**
- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance;
- under age 21;
- experiencing a mental health crisis or emergency;
- meet criteria for emotional disturbance (age 0-18) or mental illness (age 18-21).
Covered Services

- crisis assessment;
- crisis intervention;
- crisis stabilization.

Non-Covered Services

- recipient transporting services
- crisis response services performed by volunteers;
- provider performance of household tasks, chores or related activities such as laundering clothes, moving the recipient’s household, housekeeping and grocery shopping for the recipient;
- time spent “on call” and not delivering services to recipients;
- activities primarily social or recreational in nature, rather than rehabilitative;
- job specific skills services such as on the job training;
- case management;
- outreach services to potential recipients;
- crisis response services provided by a hospital, board and lodging or residential facility to a recipient of that facility;
- room and board.

Authorization
Notification is required (Form SCHA #2281)

Service Thresholds

- None

Billing

<table>
<thead>
<tr>
<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
</tr>
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<tbody>
<tr>
<td>S9484</td>
<td>Crisis Intervention Mental Health Service - Eligible Providers: CNS-MH, LICSW, LMFT, LP, LPCC, Psychiatrist</td>
<td>60 minutes</td>
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<tr>
<td>S9484</td>
<td>Health Services</td>
<td>60 minutes</td>
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</tbody>
</table>

**Children’s Therapeutic Services and Supports (CTSS)**

A flexible package of mental health services for children who require varying therapeutic and rehabilitative levels of intervention. CTSS services are time-limited interventions that are delivered using various treatment modalities and combinations of services designed to reach treatment outcome, identified in the individual treatment plan (ITP).

CTSS ranges from limited community based services that resemble traditional office-based practice to services that are more structured and intensive, such as day treatment and those requiring more extensive collaboration between a number of providers or agencies.

Eligible Providers
Must be enrolled MHCP provider certified to provide CTSS mental health rehabilitation services.
The following entities may request MHCP certification as CTSS providers:

- county-operated entities;
- community Mental Health Centers (CMHCs);
- hospital-based providers;
- Indian health services/638 facilities;
- non-county mental health rehabilitative providers;
- school districts.

Eligible Members

- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance;
- under age 18 diagnosed with an Emotional Disturbance (ED) or Severe Emotional Disturbance (SED);
- adults ages 18 through 20 diagnosed with mental illness (MI) or Serious and Persistent Mental Illness (SPMI).

*the Diagnostic Assessment used to establish eligibility must be done by a mental health professional or qualified mental health practitioner within 180 days before the start of any CTSS services.

Covered Services

CTSS providers must provide or ensure the following services, as prescribed in the child’s ITP:

- psychotherapy - with patient and/or family member, family, and group;
- skills training - individual, family, or groups;
- crisis assistance;
- MHBA services, including direction of a mental health behavioral aide.

Psychotherapy and skills training service components may be combined to constitute therapeutic programs, including day treatment and therapeutic preschool programs. These programs have specific recipient and provider eligibility requirements.

Non-Covered Services

CTSS does not cover services that are:

- the responsibility of a residential or program license holder, including foster care;
- in violation of medical assistance policy;
- treatment by multiple providers within the same agency at the same clock time;
- MHBA services provided by a personal care assistant who is not qualified as MHBA and employed by a certified CTSS provider entity;
- primarily recreation oriented or provided in a setting that is not medically supervised (such as sports activities, exercise groups, craft hours, leisure time, social hours, meal or snack time, trips to community activities, and tours);
- a social or educational service that does not have or cannot reasonably be expected to have a therapeutic outcome related to the child’s emotional disturbance;
- consultation with other providers or service agency staff about the care or progress of a child;
- prevention or education programs provided to the community;
- treatment for recipients with primary diagnoses of alcohol or other drug abuse.

Authorization

Prior Authorization is required (Form SCHA #2286)

- after threshold is met.

Service Thresholds
• 200 Cumulative hours per calendar year for any combination of: psychotherapy, skills training, crisis assistance, therapeutic components of preschool program and Mental Health Behavioral Aide (MHBA) services;
• 52 cumulative sessions per calendar year of group psychotherapy, including outpatient group psychotherapy services;
• 26 cumulative sessions per calendar year of family psychotherapy, including outpatient family psychotherapy services;
• 10 cumulative sessions per calendar year of multiple family group psychotherapy;
• 200 cumulative hours per calendar year (units vary by 30, 45 or 60 minutes);
• 200 cumulative hours per calendar year for any combination of psychotherapy, skills training, crisis assistance, therapeutic components of preschool program and Mental Health Behavioral Aide Services.

**Billing**

<table>
<thead>
<tr>
<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>90832 UA</td>
<td>Psychotherapy (with member / family member / both)</td>
<td>30 min</td>
</tr>
<tr>
<td>90834 UA</td>
<td>Psychotherapy (with member / family member / both)</td>
<td>45 min</td>
</tr>
<tr>
<td>90837 UA</td>
<td>Psychotherapy (with member / family member / both)</td>
<td>60 min</td>
</tr>
<tr>
<td>Appropriate E/M and 90833 UA</td>
<td>E/M with psychotherapy added on (with member / family member / both)</td>
<td>30 min</td>
</tr>
<tr>
<td>Appropriate E/M and 90836 UA</td>
<td>E/M with psychotherapy added on (with member / family member / both)</td>
<td>45 min</td>
</tr>
<tr>
<td>Appropriate E/M and 90838 UA</td>
<td>E/M with psychotherapy added on (with member / family member / both)</td>
<td>60 min</td>
</tr>
<tr>
<td>90875 UA</td>
<td>Individual psychophysiological therapy incorporating biofeedback, with psychotherapy</td>
<td>30 min</td>
</tr>
<tr>
<td>90876 UA</td>
<td>Individual psychophysiological therapy incorporating biofeedback, with psychotherapy</td>
<td>45 min</td>
</tr>
<tr>
<td>90846 UA</td>
<td>Family psychotherapy without member present</td>
<td>1 session</td>
</tr>
<tr>
<td>90847 UA</td>
<td>Family psychotherapy with member present</td>
<td>1 session</td>
</tr>
<tr>
<td>90849 UA</td>
<td>Multiple family group psychotherapy</td>
<td>10 sessions</td>
</tr>
<tr>
<td>90853 UA</td>
<td>Group psychotherapy</td>
<td>1 session</td>
</tr>
<tr>
<td>90839 UA</td>
<td>Psychotherapy for crisis</td>
<td>60 min</td>
</tr>
<tr>
<td>90840 (add on to 90839) UA</td>
<td>Psychotherapy for crisis, clinical trainee</td>
<td>30 min</td>
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<tr>
<td>H0031 UD</td>
<td>Administering and reporting standardized measures</td>
<td>15 min</td>
</tr>
<tr>
<td>H0032 UD</td>
<td>Treatment plan development and review</td>
<td>15 min</td>
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<tr>
<td>H2014 UA</td>
<td>Skills training &amp; development – individual</td>
<td>15 min</td>
</tr>
<tr>
<td>H2014 HQ</td>
<td>Skills training &amp; development – group</td>
<td>15 min</td>
</tr>
<tr>
<td>H2014 HR</td>
<td>Skills training &amp; development – family</td>
<td>15 min</td>
</tr>
<tr>
<td>H2015 UA</td>
<td>Comp community support services – crisis assistance</td>
<td>15 min</td>
</tr>
</tbody>
</table>
**Day Treatment - Adult**

Intensive psychotherapeutic treatment. The goal of day treatment is to reduce or relieve the effects of mental illness and provide training to enable the member to live in the community.

**Eligible Providers**
- licensed outpatient hospitals with JCAHO accreditation;
- MHCP-enrolled community mental health centers;
- entities under contract with a county to operate a day treatment program.

**Eligible Members**

Eligible recipients of adult day treatment must:
- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance;
- be age 18 years or older (members age 18 - 20 years may receive adult day treatment, CTSS, or both, depending on medical necessity);
- meet all criteria for admission or continuing stay, below:
  - Admission Criteria:
    - have a primary diagnosis of mental illness as determined by a Diagnostic Assessment, excluding dementia and other organic conditions;
    - have three or more areas of significant impairment in functioning as determined by a Functional Assessment;
    - have a completed LOCUS assessment with a Level 3 indication;
    - be experiencing symptoms impairing thought, mood, behavior or perception that interfere with the ability to function with a lesser level of service;
    - have the cognitive capacity to engage in and benefit from this level of treatment;
    - reasonably be expected to benefit in improved functioning at work, school, or social relationships;
    - need a highly structured, focused treatment approach to accomplish improvement and to avoid relapse requiring higher level of treatment.
  - Continuing Stay Criteria:
    - condition continues to meet admission criteria as evidenced by active psychiatric symptoms and continued functional impairment;
    - treatment plan contains specific goals and documented measurable progress toward goals;
    - active discharge plan is in place;
    - attempts to coordinate care and transition to other services are documented, as clinically indicated.
  - Discharge Criteria:
    - treatment plan goals and objectives have been met;
    - no longer meets continuing stay criteria;
    - mental health disorder has decreased and lesser level of service is appropriate;
    - voluntarily involved in treatment and no longer agrees to attend day treatment;

*S*See Minnesota Health Care Programs (MHCP) provider manual for service limitations
• exhibits severe exacerbation of symptoms or disruptive or dangerous behaviors requiring more intensive level of service. Do not close chart if individual is expected to return to day treatment;
• does not participate despite multiple attempts to engage the person and address nonparticipation issues;
• does not make progress toward treatment goals and no reasonable expectation that progress will be made;
• no longer meets the criteria for a LOCUS Level 3;
• does not have or ceases to have the cognitive capacity to benefit from day treatment services.

Covered Services
Adult day treatment consists of:
• at least one hour of group psychotherapy (maximum of two hours);
• group time focused on rehabilitative interventions, or other intensive therapeutic services, provided by a multidisciplinary staff;
• a group of at least 3, but not more than 12, recipients.

The services must:
• stabilize the member’s mental health status;
• develop and improve the member’s independent living and socialization skills;
• be included in the member’s individual treatment plan (ITP).

The ITP must:
• be completed before the first session;
• include attainable, measurable goals as they relate to day treatment services;
• be reviewed by the provider and updated with member progress at least every 30 days, until discharge;
• include an attainable discharge plan for the member.

Non-Covered Services
• services provided to members residing in an inpatient or residential facility (except when following the discharge plan guidelines, listed under Admission Criteria);
• primarily recreation-oriented, non-medically supervised services or activities, including, but not limited to:
  o sports activities
  o exercise groups
  o craft hours
  o leisure time
  o social hours
  o meal or snack time or preparation
  o trips to community activities
  o tours
• social or educational services that do not have or cannot reasonably be expected to have therapeutic outcomes related to the member’s mental health condition;
• consultations with other providers or service agency staff about the care or progress of a member;
• prevention or education programs provided to the community;
• day treatment for members with a primary diagnosis of alcohol or other drug abuse;
• day treatment provided in the member’s home;
• psychotherapy for more than two hours daily;
• participation in meal preparation and eating that is not part of a clinical treatment plan to address a member’s eating disorder;
• services not included in the member’s treatment plan as medically necessary and appropriate;
• less intensive services, such as a “club-house” or social program not covered by MHCP.

Authorization

**Prior Authorization is required** (Form SCHA #2285)

- after threshold is met;
- when receiving concurrent DBT services (regardless of whether the 115 hours was met);
- to provide concurrent partial hospitalization or adult day treatment and residential crisis stabilization services concurrently.

Service Thresholds

- 115 hours per calendar year without authorization;
- Max 15 hours per week; may not obtain authorization for more day treatment hours in a week;
- Provide adult day treatment services concurrent with other services.

Billing

<table>
<thead>
<tr>
<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>H2012</td>
<td>Behavioral Health Day Treatment</td>
<td>1 hour</td>
</tr>
</tbody>
</table>

**Day Treatment - Child**

A site-based structured mental health treatment program consisting of psychotherapy and skills training services provided by a multidisciplinary team, under the clinical supervision of a mental health professional and available twelve months of the year.

Day treatment services stabilize the child’s mental health status while developing and restoring the child’s independent living and socialization skills. The goal is to reduce or relieve the effects of mental illness and provide training to enable the child to live in the community.

Eligible Providers

- licensed outpatient hospitals with JCAHO accreditation;
- MHCP-enrolled community mental health centers;
- county agencies;
- HIS / 638 facilities;
- entities under contract with a county to operate a day treatment program.

Eligible Members

Eligible recipients of adult day treatment must:

- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance;
- under age 18 and diagnosed with an emotional disturbance or meet severe emotional disturbance criteria;
- between the ages 18 and 21 and diagnosed with a mental illness or meet serious and persistent mental illness criteria;
• need intensity level of day treatment as identified in the diagnostic assessment.

Covered Services
• psychotherapy provided by a mental health professional or a mental health practitioner qualified as a clinical trainee;
• skills training – individual or group, provided by a mental health professional or a mental health practitioner;
• follow the guidelines below:
  o Day treatment program must be available:
    ▪ No less than one day per week, two hours per day;
    ▪ No more than three hours per day, 15 hours per week.
  o Psychotherapy must be provided for:
    ▪ No less than one hour;
    ▪ No more than two hours, with the remaining time including skills training.

Non-Covered Services
• services that are the responsibility of a residential or program license holder, including foster care;
• services in violation of medical assistance policy;
• treatment by multiple providers within the same agency at the same clock time;
• MHBA services provided by a personal care assistant who is not qualified as a MHBA and employed by a certified CTSS provider entity;
• Primarily recreation oriented or provided in a setting that is not medically supervised, such as:
  o sports activities
  o exercise groups
  o craft hours
  o leisure time
  o social hours
  o meal or snack time
  o trips to community activities
  o tours
• social or educational service that does not have or cannot reasonably be expected to have a therapeutic outcome related to the child’s emotional disturbance;
• consultation with other providers or service agency staff about the care or progress of a child;
• prevention or education programs provided to the community;
• treatment for recipients with primary diagnoses of alcohol or other drug abuse or traumatic brain injury.

*CTSS Day Treatment does not cover Mental Health Behavioral Aide (MHBA) services. MHBA’s are not an eligible provider of CTSS day treatment services.

Authorization
Prior Authorization is required (Form SCHA #2285)
• after threshold is met.

Service Thresholds
• 150 hours / calendar year
Billing

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### Day Treatment Services - Children Billing

<table>
<thead>
<tr>
<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>H2012</td>
<td>Behavioral Health Day Treatment</td>
<td>1 hour</td>
</tr>
<tr>
<td>H2012</td>
<td>Behavioral Health Day Treatment (interactive)</td>
<td>1 hour</td>
</tr>
</tbody>
</table>

**Diagnostic Assessment (DA)**

A written summary of the history, diagnosis, strengths, vulnerabilities and general service needs of a member with a mental illness using diagnostic, interview and other relevant mental health techniques provided by a mental health professional used in developing an individual treatment plan or individual community support plan.

**Eligible Providers**

- Clinical Nurse Specialist (CNS);
- Licensed Independent Clinical Social Worker (LICSW);
- Licensed Marriage and Family Therapist (LMFT);
- Licensed Professional Clinical Counselor (LPCC);
- Licensed Psychologist (LP);
- Psychiatric Nurse Practitioner (NP);
- Psychiatrist.

*In addition, an individual certified by tribal council as a mental health professional, serving a federally recognized tribe and a mental health practitioner who qualifies as a clinical trainee.*

**Eligible Members**

- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance.

**Covered Services**

- to be eligible for payment a diagnostic assessment must:
  - Identify a mental health diagnosis and recommend services or determine the member does not meet criteria for a mental health disorder;
  - Include a face to face interview with the member and a written evaluation (may be conducted using telemedicine technology when appropriate);
  - Meet the conditions of one of the following four types of diagnostic assessment and include in the description which type of diagnostic assessment is used in the written report:
    - Standard Diagnostic Assessment
    - Extended Diagnostic Assessment
    - Adult Diagnostic Assessment Update
    - Brief Diagnostic Assessment

*see definitions section for more information on assessments*

**Non-Covered Services**

A Diagnostic Assessment cannot be performed by providers who are allied mental health professionals or adult mental health rehabilitation professionals.
Authorization
• after threshold is met (Form SCHA #2289)

Service Thresholds
• two sessions per calendar year, maximum of four assessments per year

Billing

<table>
<thead>
<tr>
<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>90791</td>
<td>Standard Diagnostic Assessment</td>
<td>1 session</td>
</tr>
<tr>
<td>90791</td>
<td>Brief Diagnostic Assessment</td>
<td>1 session</td>
</tr>
<tr>
<td>90791</td>
<td>Extended Diagnostic Assessment</td>
<td>1 session</td>
</tr>
<tr>
<td>90791</td>
<td>Adult Update Diagnostic Assessment</td>
<td>1 session</td>
</tr>
<tr>
<td>90792</td>
<td>Standard Diagnostic Assessment with medical services</td>
<td>1 session</td>
</tr>
<tr>
<td>90792</td>
<td>Brief Diagnostic Assessment with medical services</td>
<td>1 session</td>
</tr>
<tr>
<td>90792</td>
<td>Extended Diagnostic Assessment with medical services</td>
<td>1 session</td>
</tr>
<tr>
<td>90792</td>
<td>Adult Update Diagnostic Assessment with medical services</td>
<td>1 session</td>
</tr>
</tbody>
</table>

** teaching hospitals may enter the GC modifier for services performed under the direction of a supervising physician.

Dialectical Behavior Therapy (DBT)
a treatment approach provided in an intensive outpatient treatment program using a combination of individualized rehabilitative and psychotherapeutic interventions. A dialectical behavior therapy program involves individual therapy, group skills training, telephone coaching and consultation team meetings.

Eligible Providers
Certified DBT IOP teams and their affiliated individual DBT IOP providers.
At minimum, each team must be comprised of:
• A team leader who is an enrolled mental health professional with a specialty in DBT IOP;
• Other individual treating providers trained in DBT.

A team leader must meet all the following requirements:
• be an enrolled mental health professional;
• be employed by, affiliated with or contracted by a DHS-certified DBT program;
• have competencies and working knowledge of DBT principles and practices;
• have knowledge of and the ability to apply the principles and DBT practices that are consistent with evidence-based practices.

A team member must be one of the following:
• be an enrolled mental health professional;
• a mental health practitioner clinical trainee;
• a mental health practitioner.

A team member must meet all the following requirements:
• be employed by, affiliated with or contracted by a DHS-certified DBT program;
• have appropriate competencies and knowledge of DBT principles and practice or obtain these competencies and knowledge within the first six months of becoming part of a DBT program;
• have knowledge of and the ability to apply the principles and practices of DBT consistent with evidence-based practices, or obtain the knowledge and ability within the first six months of becoming part of a DBT program;
• participate in DBT consultation team meetings for the recommended duration of 90 minutes per week;
• if the team member is a mental health practitioner or mental health practitioner clinical trainee, receive ongoing clinical supervision from a qualified clinical supervisor who has appropriate competencies and working knowledge of DBT principles and practices

Eligible Members
Members must meet all the following admission criteria:
• must be eligible for medical assistance (Medicaid);
• enrolled in South Country Health Alliance;
• be age 18+;
• meet one of the following two criteria:
  o have a diagnosis of borderline personality disorder;
  o have multiple mental health diagnoses; exhibit behaviors characterized by impulsivity, intentional self-harm behavior or both; and be at significant risk of death, morbidity, disability or severe dysfunction across multiple life areas;
• have mental health needs that can’t be met with other available community-based services or that need services provided concurrently with other community-based services;
• be at risk of one of the following:
  o a need for a higher level of care
  o intentional self-harm or risky impulsive behavior or be currently having chronic self-harm thoughts or urges
  o a mental health crisis
  o decompensation of mental health symptoms (a change in LOCUS score)
• understand and be cognitively capable of participating in DBT as an intensive therapy program;
• be able and willing to follow program policies and rules assuring the safety of self and others.

Members must meet all the following continued - stay criteria:
• be actively participating and engaged in the DBT program, its treatment components and its guidelines in accordance with treatment team expectations;
• have made demonstrable progress as measured against the member’s baseline level of functioning before the DBT intervention;
• continue to make progress toward goals but have not fully demonstrated an internalized ability to self-manage and use learned skills effectively;
• be actively working toward discharge, including concrete planning for transition and discharge;
• have a continued need for treatment as indicated in the above criteria and by ongoing documented evidence in the member’s record;

Members must meet the following criteria for appropriate discharge:
• member’s individual treatment plan goals and objectives have been met, or the member no longer meets continuing - stay criteria;
• member’s thought, mood, behavior or perception has improved to a level for which a lesser level of service is indicated;
• member chooses to discontinue the treatment contract;
• provider concludes the member will no longer benefit from DBT services after clinical assessment;
• provider will complete paperwork and refer member to needed services.

**Covered Services**

- Individual DBT Therapy Intensive Outpatient Program;
- DBT Group Skills Training.

**Authorization**

**Prior Authorization is required** (Form SCHA #2287 and Form SCHA #2288)

- Authorization is required for initial DBT services as well as a separate authorization required when requesting additional DBT, following the initial six months. Form SCHA #2287 must be completed for initial request and Form SCHA #2288 must be completed when requesting additional DBT services.

**Service Thresholds**

- Up to 26 hours (104 units) per six months for individual skills training;
- Up to 78 hours (312 units) per six months for group skills training.

**Billing**

<table>
<thead>
<tr>
<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>H2019</td>
<td>Individual DBT therapy</td>
<td>15 min</td>
</tr>
<tr>
<td>H2019</td>
<td>Individual DBT therapy by clinical trainee</td>
<td>15 min</td>
</tr>
<tr>
<td>H2019</td>
<td>Group DBT skills training</td>
<td>15 min</td>
</tr>
<tr>
<td>H2019</td>
<td>Group DBT skills training by clinical trainee</td>
<td>15 min</td>
</tr>
</tbody>
</table>

**Eating Disorders**

includes Anorexia Nervosa, Bulimia Nervosa, and Eating Disorder Not Otherwise Specified.

**Services Covered**

- residential
- non-residential

**Prior Authorization is required** (Form SCHA #2290)

- for residential and non-residential treatment.

**Service Thresholds**

- none.

**Early Intensive Developmental and Behavioral Intervention (EIDBI)**

services that offer medically necessary treatment to children less than 21 years old on Medical Assistance with Autism Spectrum Disorder (ASD) or related conditions.

**Eligible Providers**

EIDBI providers must:

- be an enrolled Minnesota Health Care Programs (MHCP) provider;
- meet all provider qualifications on the EIDBI assurance statement for your provider type;
- have a DHS approved service authorization to provide services for the member.
Eligible Members
- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance;
- under age 21;
- have a diagnosis of Autism Spectrum Disorder (ASD) or other related condition.
- be medically stable and not need 24-hour medical monitoring or procedures;

Covered Services
- Comprehensive Multi-Disciplinary Evaluation (CMDE);
- Individual Treatment Plan (ITP) development and monitoring;
- coordinated care conference;
- intervention, individual and group;
- intervention observation and direction;
- family and caregiver training and counseling;
- travel time.

Non-Covered Services
- conducted over the telephone, or via mail or email;
- for purposes of reporting, charting or record keeping (except when this is integral to a covered CMDE or ITP service);
- not documented in member’s health service record or ITP in the manner outlined by this policy manual or MN Rules Part 9505.2175;
- primarily custodial, day care or respite;
- primarily recreational and not supervised by a medical professional, such as:
  - sports activities
  - craft activities
  - meal or snack time
  - trips to community activities
  - tours
- services that are the responsibility of a residential or program license holder (foster care providers) per a service agreement or administrative licensing ruling;

EIDBI benefit does not cover services that:
- have not been approved by the state’s medical review agent;
- include or replace academic goals that are otherwise included in the member’s IEP or FSP, as required under the Individual with Disabilities Education Improvement Act of 2004.

EIDBI benefit does not cover services that are provided:
- by a parent, legal guardian or another person legally responsible for the member;
- by a person who does not meet the provider qualifications;
- in violation of Medical Assistance policy as outlined in MN Rules 9505.0220;
- to the general community, such as prevention and education;
- when the member is sleeping or napping;
- without the required supervision.

EIDBI benefit also does not cover services that are not provided (no-shows) or not provided directly to a member who is present, either physically or via interactive video with the exception of the following services:
- coordinated care conference;
- family / caregiver training and counseling;
- ITP development.

EIDBI benefit does not cover:
- Provider training activities that do not meet the criteria for observation and direction;
- Transportation of the member;
- Intervention services delivered to one member by two or more EIDBI providers (of any level) at the same time.

Authorization

Prior Authorization is required (use eDoc 3806)
https://edocs.dhs.state.mn.us/lfservlet/lf/lfserver/Public/DHS-3806-ENG
for the following services:
- EIDBI Intervention - member;
- EIDBI Intervention - group;
- family/caregiver training and counseling;
- Individual Treatment Plan development and monitoring (ongoing);
- intervention, observation and direction;
- travel time.

Instructions on how to complete the form can be found using Edoc 3806A:
https://edocs.dhs.state.mn.us/lfservlet/lf/lfserver/Public/DHS-3806A-ENG

NO Prior Authorization is required for the following services:
- initial ITP;
- annual CMDE;
- one coordinated care conference per year.

Service Thresholds

- See EIDBI Billing Grid from the MHCP Provider Manual on the Minnesota DHS website:
  http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_FILE&RevisionSelectionMethod=LatestReleased&Rendition=Primary&allowInterrupt=1&noSaveAs=1&dDocName=dhs16_195657

Billing

- See EIDBI Billing Grid from the MHCP Provider Manual on the Minnesota DHS website:
  http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_FILE&RevisionSelectionMethod=LatestReleased&Rendition=Primary&allowInterrupt=1&noSaveAs=1&dDocName=dhs16_195657

Healthy Pathways Program (HPP)

A program to assist South Country members in preventing mental health deterioration through early intervention and education.

Eligible Providers

- must be a qualified mental health professional to oversee goals/objectives.

Eligible Members

- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance;
• be 18+;
• present with a suspected mental health disorder.

Authorization
Prior Authorization is required (Form - Healthy Pathways Communication Form)
Authorization is required at separate stages of service:
• initial;
• 60+ days;
• 6 months;
• annually.

Service Thresholds
• none

Billing

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<thead>
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<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
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<tbody>
<tr>
<td>G9006</td>
<td>Healthy Pathways Case Management Services</td>
<td>per member per month (PMPM)</td>
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<tr>
<td></td>
<td>• Face to Face Contact</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Telephone Contact with member</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Telephone Contact with providers / resources</td>
<td></td>
</tr>
</tbody>
</table>

Inpatient Visits
• are covered for hospitalized South Country Health Alliance members if provided by a Clinical Nurse Specialist-Mental Health (CNS-MH); licensed psychologist (LP) (with a physician's order); Physicians; Psychiatric Nurse Practitioner (NP); and Psychiatrists.

Institute of Mental Disease (IMD)
Prior Authorization is required (Form SCHA #2324)

Intensive Outpatient Mental Health Treatment
Prior Authorization is required (Form SCHA #2324)
• after threshold is met.

Service Thresholds
• 10 days per episode.

Intensive Residential Treatment Services (IRTS)
time-limited mental health services provided in a residential setting to members in need of more restrictive settings (versus community settings) and at risk of significant functional deterioration if they do not receive these services. IRTS are designed to develop and enhance psychiatric stability, personal and emotional adjustment, self-sufficiency and skills to live in a more independent setting.
Eligible Providers
IRTS providers must comply with the following:
- be licensed with the Rule 36 Variance;
- not exceed 16 beds;
- have a contract with the host county agency;
- have a rate approved by DHS.

Members of the IRTS interdisciplinary team must be qualified in one of the following roles:
- mental health professional;
- mental health practitioner;
- Certified Peer Specialist;
- mental health rehabilitation worker;
- registered nurse who is also qualified as a mental health practitioner.

IRTS providers must have:
- sufficient staff for 24-hour delivery of mental health services, as described in the member’s individual treatment plan (ITP);
- staff available to safely monitor and assist with activities of members;
- the capacity to respond to emergent needs and make staffing adjustments to assure the health and safety of members. This includes providing medical services directly (through its own medical staff) or indirectly (through referral to medical professionals).

Eligible Members
- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance;
- age 18+;
- meet the IRTS admission criteria.

*members who are 17 years old and transitioning to adult mental health services may be considered for IRTS if the service is determined to best meet their needs. IRTS providers must secure a licensing variance in this situation

*members may receive IRTS instead of hospitalization, if appropriate.

Covered Services
- supervision and direction;
- individualized assessment and treatment planning;
- crisis assistance, development of health care directives and crisis prevention plans;
- nursing services;
- interagency case coordination;
- transition and discharge planning;
- living skills development, including:
  - medication self-administration;
  - healthy living;
  - household management;
  - cooking and nutrition;
  - budgeting and shopping;
  - using transportation;
  - employment-related skills.
- integrated dual diagnosis treatment (mental health and substance abuse screening and assessment, with a team approach. Assesses treatment readiness, uses motivational interviewing and a non-confrontational approach)
• illness management and recovery (educating about mental illness and treatment including characteristic symptoms and early warning signs of relapse, managing stress and developing relapse prevention plans, developing coping skills and strategies for coping with symptoms, developing social skills to improve effectiveness in interactions across a range of settings and situations, and identifying therapeutic and rehabilitative approaches available to recipients, such as DBT or treatment for OCD)
• family education (services to educate, inform, assist, and support family members in mental health illness and treatment, coping mechanisms, medication, community resources).

Non-Covered Services
• Room and Board costs are not covered by South Country as part of the IRTS service.

Authorization
Prior Authorization is required (Form – SCHA#2324)
• after threshold is met.

Service Thresholds
• maximum 90 days;
• readmission within 15 days counts toward 90-day limit;
• request authorization for more than 90 days.

Billing

<table>
<thead>
<tr>
<th>Intensive Residential Treatment Services (IRTS) Billing</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Code</strong></td>
</tr>
<tr>
<td>-----------</td>
</tr>
<tr>
<td>H0019</td>
</tr>
</tbody>
</table>

**IRTS & Other Concurrent Services**
*all services provided concurrently with IRTS must be coordinated with IRTS.
*when requesting authorization, clearly document medical necessity for the additional service(s), including reasons IRTS does not or cannot meet member’s needs.

<table>
<thead>
<tr>
<th>Other Service</th>
<th>Is service included in IRTS?</th>
<th>Can service be provided in addition to IRTS?</th>
<th>Service Limitations</th>
</tr>
</thead>
</table>
| MH-TCM                 | No                          | Yes                                       | • Rule 79 applies  
<pre><code>                      |                             | • IRTS must coordinate with member’s case manager                                    |
</code></pre>
<p>| Day Treatment          | No                          | Only with authorization                    | Day treatment provider must coordinate the plan of care with the IRTS provider and seek authorization for any day treatment services provided on the same day |
| Partial Hospitalization| No                          | Only with authorization                    | • IRTS provider must coordinate the plan of care with the partial hospitalization provider and seek authorization for any IRT services provided on the same day |</p>
<table>
<thead>
<tr>
<th>Service</th>
<th>Eligibility</th>
<th>Limitations</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Partial hospitalization thresholds and limitations apply.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| ACT                                              | No          | • ACT rate may be adjusted  
• ACT and IRTS may be provided concurrently without authorization |
| ARMHS                                            | Yes         | • ARMHS thresholds and limits apply to each service  
• For Transition to Community Living (TCL) services, follow Authorization Requirements for TCL Services |
| Crisis response services (assessment or intervention only – mobile) | No          | • May be billed separately  
• No authorization required |
| Crisis Stabilization – Non-residential           | Yes         | • A component of IRTS  
• Cannot be billed separately |
| Crisis Stabilization – Residential               | Yes         | • A component of IRTS  
• Be aware of member transfers  
• If member is approved for IRTS and residential crisis stabilization, bill only one approved daily rate. Only one of these two services can be billed for a member per day |
| Psychiatric Physician Services                   | Sometimes   | • May be provided by physician, psychiatric NP, CNS-MH, or physician extender if a member of the treatment staff  
• Bill separately only if not included in IRTS rate  
• This service component is not excluded from Telemedicine Delivery |
| Outpatient Psychotherapy                         | No          | • outpatient psychotherapy limits apply |
| Inpatient Hospitalization                        | No          | • Inpatient hospitalization services are reimbursed separately from IRTS  
• IRTS may not be reimbursed for members admitted to an inpatient hospital |
| Interpreter Services                             | Sometimes   | • Bill separately only if not included in IRTS rate |
| Waivered Services                                | No          | • County must approve concurrent care |
| Other medical services                           | No          | • Service limits apply to each service |
| Mental Health Targeted Case Management (MH-TCM)  |             | services that help adults with a serious and persistent mental illness (SPMI) and children with a severe emotional disturbance (SED) gain access to needed medical, social, educational, vocational, financial and other necessary services as they relate to the member’s mental health needs. |

**Eligible Provider**  
- must be employed by a county or under contract with a county agency or tribe to provide services and be:

SCHA Provider Manual Chapter 22 Behavioral Health Services October 2017
case management mentors - qualified, practicing case manager or case manager supervisor who teaches or advises and provides intensive training and clinical supervision to one or more case manager associates

case management supervisors - must be a mental health professional

case manager associates - at least 21 years of age, have at least a high school diploma or its equivalent, work under the direction of a case manager or case management supervisor and:

- have an associate of arts degree in one of the behavioral sciences or human services;
- be a RN without bachelor’s degree;
- within the previous 10 years, had:
  1. Three years' life experience with SPMI; or
  2. SED as a child; or
  3. Three years' life experience as a primary caregiver to an adult with SPMI, if providing case management to adults; or three years life experience as a primary caregiver to a child with SED if providing case management to children;
- have 6,000 hours work experience as a state hospital technician (no degree); or
- be a mental health practitioner.

case managers - have a bachelor’s degree in one of the behavioral sciences or related fields, including but not limited to social work, psychology, or nursing from an accredited college or university; or, if without a degree, must:

- have three or four years’ experience as a case manager associate;
- be a registered nurse without a bachelor’s degree and have a combination of specialized training in psychiatry and work experience consisting of community interaction and involvement or community discharge planning in a mental health setting totaling three years; or
- be a person who qualified as a case manager under the 1998 DHS waiver provision and meet the continuing education and mentoring requirements

immigrant case managers.

Expectations of Provider

The provider will:

- work with the hospitals, pre-petition screening teams, family members and current providers to assess the member and develop an individual care plan that includes alternatives consistent with the Commitment Act. This may include:
  - testifying in court;
  - preparing and providing requested documentation to the court.
- report to the court within the court required time lines regarding the member’s care plan status and recommendations for continued commitment, including as needed, requests to the court for revocation, of a provisional discharge;
- provide input only for pre-petition screening, court appointed independent examiners, substitute decision makers or court reports for members who remain in the facility to which they were committed;
- provide mental health case management coverage, which includes discharge planning for up to 180 days prior to a member’s discharge from an inpatient hospitalization in a manner that works with, but does not duplicate, the facility’s discharge planning services;
• ensure continuity of health care and case management coverage for members in transition due to a change in benefits or a change in residence;
• staffing ratios must be provided as specified in Minnesota Rules;
• provide a copy of Diagnostic Assessment and certification of SPMI or SED (upon request);
• provide a copy of Functional Assessment (upon request);
• provide a copy of Individual Community Support Plan (ICSP) or the Individual Family Community Support Plan (IFCSP) (upon request);
• follow Denial, Termination or Reduction (DTR) of services guidelines found on the South Country website at: https://mnscha.org/?page_id=300

South Country Health Alliance has 24-hour telephone access that the provider may call to get an expeditious response to situations where the member has court ordered treatment and disability certification: South Country Health Alliance Member Services M-F from 8:00 am to 8:00 pm (866) 567-7242.

The provider will notify South Country Health Alliance of appeals and grievances **within one business day or within three hours** of an expedited appeal.

**The provider will follow the Procedures for MH-TCM with a Civil Commitment.**

The county will notify South Country Health Alliance Provider Services (Mayo Clinic Health Solutions) at 1-800-995-4543 within 72 hours when a member is the subject of a pre-petition screening investigation.

The provider will provide an expedited determination of eligibility for MH-TCM for members referred.

The provider will assign MH-TCM as court ordered services for members with mental illness who are committed or for members whose commitment is stayed or continued.

The provider will submit a copy of the court order and pre-petition screening report, along with the completed MH-TCM Eligibility Notification form to South Country Health Alliance at 507.431.6329 Attn: Behavioral Health Program Manager.

**Authorization for Civil Commitment cases will be for the six months that are court ordered, not the 36 months that are typically given for duration of Diagnostic Assessment validity.**

**Denial, Termination, or Reduction of MH-TCM Services**

The provider will fax the MH-TCM Recommendation for Action – DTR (Denial, Reduction, or Termination of Service (SCHA #1922v3) form and include the following in the notification to South Country Health Alliance **within 10 days:**

• specify the reason for closing case management services;
  i. member is found to be ineligible for MH-TCM services;
  ii. member has requested to discontinue MH-TCM services (refusal or termination of services);
  iii. member has had no Face to Face (F2F) contact with the case manager for:
    ■ 90 days (children only)
    ■ 180 days (adults only)
• member information (name, address, date of birth, PMI, Prior Authorization (PA)#, dates of PA, dates of MH-TCM service, date of most recent diagnostic assessment;
• case manager name, agency and contact information, Provider name, agency and contact information;
• date of discussion regarding potential denial, termination or reduction of service;
• DO NOT ENTER A Date of Action, this date comes from South Country based on the date the letter is sent out to member giving notification of appeal rights;
• the reason and description.

Eligible Members
• must be eligible for medical assistance (Medicaid);
• enrolled in South Country Health Alliance;
• age 18+ (for adult);
• age 21 and under (for child)
• diagnosed with a serious and persistent mental illness (SPMI);
• determined eligible by the county;
• appears to be eligible for case management but due to the member’s initial refusal to participate in diagnostic assessment process, eligibility determination cannot be completed (these services are limited to four months from the day member begins case management services);
• adolescent who has received children’s MH-TCM services within 90 days of turning 18 years old and upon turning 18 seeks adult MH-TCM services.

*transition aged youth maintain eligibility for AMH – TCM for up to 36 months and based upon the most recent diagnostic assessment when the youth transitioned to adulthood

Covered Services
• assessment
• planning
• referral and linkage
• monitoring and coordination

Non-Covered Services
MH-TCM services are not:
• treatment, therapy or rehabilitation services;
• other types of case management (for example: Community Alternative Care [CAC]; Community Access for Disability Inclusion [CADI]; Brain Injury [BI]; Developmental Disability [DD]);
• legal advocacy;
• conducting a diagnostic assessment;
• determining eligibility for MH-TCM;
• administration or management of member’s medications;
• services that are integral components of another service or direct delivery of an underlying medical, educational, social, or other service;
• transportation services.

Authorization
Notification is required (MHTCM Eligibility Notification Form) within two full calendar months of opening MH-TCM services.
Mental Health Targeted Case Management Services Billing

<table>
<thead>
<tr>
<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>T2023 HE</td>
<td>Face to Face Contact</td>
<td>1 unit / month</td>
</tr>
<tr>
<td>T2023 HE U4</td>
<td>Telephone Contact, including Telemedicine</td>
<td>1 unit / month</td>
</tr>
</tbody>
</table>

Neuropsychological Services

Eligible Members
- Members with neurological disorders that result in cerebral dysfunction.

Covered Services
- assessment;
- testing.

Prior Authorization is required (Form SCHA #2292)
- after threshold is met.

Service Thresholds
- 7 hours / 15 hours’ maximum per member per year.

Partial Hospitalization Program

a time limited, structured program of multiple and intensive psychotherapy and other therapeutic services provided by a multidisciplinary team, as defined by Medicare, and provided in an outpatient hospital facility or Community Mental Health Center (CMHC) that meets Medicare requirements to provide partial hospitalization programs services. The goal of the partial hospitalization program is to resolve or stabilize an acute episode of mental illness.

Eligible Providers
- certification by Medicare to provide partial hospitalization
- receive approval from DHS

Eligible Members
- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance;
- be experiencing an acute episode of mental illness that meets the criteria for an inpatient hospital admission;
- have appropriate family or community resources needed to support and enable the member to benefit from less than 24-hour care;
- be referred for partial hospitalization by a physician for an outpatient hospital program, or by a physician, LICSW or LP for a community mental health center program;
- have a completed LOCUS assessment with a Level 4 indication for adults age 18+.

*partial hospitalization may be used as a step down from an inpatient mental health stay or in lieu of an inpatient psychiatric stay, when medically appropriate.
Covered Services

- at minimum, one session of individual, group or family psychotherapy and two or more other services (such as activity therapy or training and education);
- provide at least four (4) days but not more than five (5) out of seven (7) calendar days of partial hospitalization program services;
- ensure a minimum of 20 service components and a minimum of twenty (20) hours in a seven (7) calendar day period;
- provide a minimum of 5 to 6 hours of services per day for an adult age 18+;
- provide a minimum of 4 to 5 hours of services per day for a child under age 18.

Authorization

Prior Authorization is required (Form SCHA#2285)

- after threshold is met.

Service Thresholds

- 10 days per episode.

Psychiatric Consultation to Primary Care Providers

communication between a psychiatrist and a primary care provider, for consultation or medical management of a member.

Eligible Providers

- Psychiatrist;
- Licensed Psychologist;
- Licensed Independent Clinical Social Worker;
- Licensed Marriage and Family Therapist;
- Psychiatric Nurse Practitioner;
- Clinical Nurse Specialist.

Eligible Members

- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance.

Covered Services

- communication between a consulting professional and a primary care provider for the purpose of medical management, behavioral health care and treatment of a member;
- a psychologist, independent clinical social worker and marriage and family therapists may provide consultation about alternatives to medication, medication combined with psychosocial treatment potential results of medication usage.

*provider may conduct the consultation without the member present

Billing

<table>
<thead>
<tr>
<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>99499</td>
<td>Communication between a consulting professional and PCP, for consultation or medical management or behavioral health care and treatment of member. (Primary Care Provider)</td>
<td>1 session</td>
</tr>
</tbody>
</table>

SCHA Provider Manual         Chapter 22        Behavioral Health Services              October 2017
**Psychoeducation - Family**
planned, structured and face to face interventions that involve presenting or demonstrating information. The goal of family psychoeducation is to help prevent relapse or development of comorbid disorders and to achieve optimal mental health and long term resilience. It supports the member and family in understanding these factors:
- member’s symptoms of mental illness
- impact on member’s development;
- needed components of treatment;
- skill development.

**Eligible Providers**
- Clinical Nurse Specialist;
- Licensed Independent Clinical Social Worker;
- Licensed Marriage and Family Therapist;
- Licensed Professional Clinical Counselor;
- Licensed Psychologist;
- Psychiatric Nurse Practitioner;
- Psychiatrist;
- Tribal Certified Professional.

**Eligible Members**
- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance;
- under age 21;
- diagnosis of emotional disturbance or mental illness as determined by a diagnostic assessment.

**Covered Services**
- psychoeducation services for any of the following in outpatient settings when directed toward meeting the identified treatment needs of each participating member as indicated in member’s treatment plan:
  - the member (individual)
  - member’s family (with or without the member present)
  - group of members (peer group)
  - multiple families (family group)
- these services may be provided via telemedicine

**Non-Covered Services**
- communication between the treating mental health professional and a person under the clinical supervision of the treating mental health professional;
- written communication between providers;
- reporting, charting, and record keeping;
- mental health services not related to the member’s diagnosis or treatment for mental illness;
- communication provided while performing any of the following mental health services:
  - mental health case management
- in reach services
- Youth ACT
- Intensive treatment services in foster care

Authorization

**Prior Authorization is required** (Form SCHA#2285)
- after threshold is met.

Service Thresholds
- Individual - 26 hours / calendar year
- Group – 52 sessions / calendar year
- Member and Family – 26 sessions / calendar year
- Family – 26 sessions / calendar year
- Family Group with member– 10 sessions / calendar year
- Family Group without member – 10 sessions / calendar year

Billing

<table>
<thead>
<tr>
<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>H2027</td>
<td>Family Psychoeducation - Individual</td>
<td>15 min</td>
</tr>
<tr>
<td>H2027</td>
<td>Family Psychoeducation – Group</td>
<td>15 min</td>
</tr>
<tr>
<td>H2027</td>
<td>Family Psychoeducation – Family with Member Present</td>
<td>15 min</td>
</tr>
<tr>
<td>H2027</td>
<td>Family Psychoeducation – Family without Member Present</td>
<td>15 min</td>
</tr>
<tr>
<td>H2027</td>
<td>Family Psychoeducation – Multiple Families with Members Present</td>
<td>15 min</td>
</tr>
</tbody>
</table>

**Psychological Testing**
used to determine the status of a member's mental, intellectual and emotional functioning. Tests are listed in the most recent Buros’ *Mental Assessments* Handbook edition. Tests must meet psychological standards for reliability and validity and be suitable for the diagnostic purposes for which they are used.

Eligible Providers
- Licensed Psychologist with competence in psychological testing;
- Mental health practitioner working as a clinical psychology trainee under the clinical supervision of a LP;
- Psychological technicians, psychometrists or psychological assistants may administer or score psychological tests under clinical supervision of a LP.

Covered Services
- A face to face interview to validate the test;
- Administration and scoring;
- Interpretation of results;
- A written report to document results of the test
Authorization

**Prior Authorization is required** (Form SCHA #2292)
- after threshold is met.

Service Thresholds:
4 hours / 8 hours’ max per member / calendar year.

Billing

<table>
<thead>
<tr>
<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>96101</td>
<td>Psychological Testing (LP or LP clinically supervised clinical psychology trainee, administered tests, interpretation and report)</td>
<td>1 hour</td>
</tr>
<tr>
<td>96102</td>
<td>Psychological Testing (technician administered tests, with LP or clinical psychology trainee interpretation and report)</td>
<td>1 hour</td>
</tr>
<tr>
<td>96103</td>
<td>Psychological Testing (computer administered, with LP or clinical psychology trainee interpretation and report)</td>
<td>1 session</td>
</tr>
</tbody>
</table>

**Psychotherapy**
planned and structured, face-to-face treatment of a member’s mental illness, provided using the psychological, psychiatric or interpersonal method most appropriate to the needs of the member according to current community standards of mental health practice.

Eligible Providers
- Clinical Nurse Specialist;
- Licensed Independent Clinical Social Worker;
- Licensed Marriage and Family Therapist;
- Licensed Professional Clinical Counselor;
- Licensed Psychologist;
- Psychiatric Nurse Practitioner;
- Psychiatrist;
- Tribal Certified Professional;
- Mental health practitioners working as clinical trainees.

Eligible Members
- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance;
- must have a diagnosis of mental illness as determined by a diagnostic assessment;

*a new member may receive one session of psychotherapy prior to completing the diagnostic assessment.

Covered Services
- psychotherapy – with member, family or both
- evaluation and management with psychotherapy – with member, family or both
- family psychotherapy
- multiple family group psychotherapy
- group psychotherapy
Authorization

Prior Authorization is required (Form SCHA #2285)
- after threshold is met.

Service Thresholds
- Individual – 26 hours / calendar year
- Group – 52 sessions / calendar year;
- Family – 26 sessions / calendar year;
- Family Group – 10 sessions / calendar year.

Billing

<table>
<thead>
<tr>
<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>90832</td>
<td>Psychotherapy – with member, family or both</td>
<td>30 min</td>
</tr>
<tr>
<td>90834</td>
<td>Psychotherapy – with member, family or both</td>
<td>45 min</td>
</tr>
<tr>
<td>90837</td>
<td>Psychotherapy – with member, family or both</td>
<td>60 min</td>
</tr>
<tr>
<td>Appropriate E/M and 90833</td>
<td>E/M and psychotherapy – with member, family or both</td>
<td>30 min</td>
</tr>
<tr>
<td>Appropriate E/M and 90836</td>
<td>E/M and psychotherapy – with member, family or both</td>
<td>45 min</td>
</tr>
<tr>
<td>Appropriate E/M and 90838</td>
<td>E/M and psychotherapy – with member, family or both</td>
<td>60 min</td>
</tr>
<tr>
<td>90875</td>
<td>Individual psychophysiological therapy incorporating biofeedback with psychotherapy</td>
<td>30 min</td>
</tr>
<tr>
<td>90876</td>
<td>Individual psychophysiological therapy incorporating biofeedback with psychotherapy</td>
<td>45 min</td>
</tr>
<tr>
<td>90846</td>
<td>Family psychotherapy without member present</td>
<td>50 min</td>
</tr>
<tr>
<td>90847</td>
<td>Family psychotherapy with member present</td>
<td>50 min</td>
</tr>
<tr>
<td>90849</td>
<td>Multiple family group psychotherapy</td>
<td>1 session</td>
</tr>
<tr>
<td>90853</td>
<td>Group psychotherapy</td>
<td>1 session</td>
</tr>
</tbody>
</table>

Psychotherapy for Crisis

services to assist in reducing a member’s mental health crisis through immediate assessment and psychotherapeutic interventions. An intervention of psychotherapy for crisis will diminish the suffering of the member in crisis and help restore life functioning.

Psychotherapy for crisis services must include:
- emergency assessment of the crisis situation;
- mental status exam;
- psychotherapeutic interventions to reduce the crisis;
- development of a post-crisis plan that addresses the member’s coping skills and community resources.

Eligible Providers
- Clinical Nurse Specialist;
- Licensed Independent Clinical Social Worker;
- Licensed Marriage and Family Therapist;
- Licensed Professional Clinical Counselor;
• Licensed Psychologist;
• Psychiatric Nurse Practitioner;
• Psychiatrist;
• Tribal Certified Professional;
• Mental health practitioners working as clinical trainees.

Eligible Members
• must be eligible for medical assistance (Medicaid);
• enrolled in South Country Health Alliance;
• must have a diagnosis of mental illness as determined by a diagnostic assessment;
• be in need of immediate response, due to an increase of mental illness symptoms that put the member at risk of one of the following:
  o experiencing a life threatening mental health crisis;
  o needing a higher level of care;
  o worsening of symptoms without mental health intervention;
  o harm to self, others, or property damage;
  o significant disruption of normal functioning in at least one life area such as self-care or housing.

Covered Services
• emergency assessment of the crisis situation (does not take the place of a diagnostic assessment);
• mental status exam;
• psychotherapeutic interventions to reduce the crisis;
• development of a post crisis plan that addresses the member’s coping skills and community resources.

Authorization
Prior Authorization is required (Form SCHA #2285)
• after threshold is met.

Service Thresholds
• 3 occurrences / calendar month
• 10 occurrences / calendar year
*total time billed for psychotherapy for crisis is also included in the:
• 26 hours / year benefit limit
• 200 hour CTSS benefit limit

Billing

<table>
<thead>
<tr>
<th>Code</th>
<th>Service Description</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>90839</td>
<td>Psychotherapy for Crisis</td>
<td>60 min</td>
</tr>
<tr>
<td>90840</td>
<td>Psychotherapy for Crisis (each additional 30 minutes)</td>
<td>30 min</td>
</tr>
</tbody>
</table>

Youth Assertive Community Treatment (Youth ACT)
an intensive, comprehensive, non-residential rehabilitative mental health services team model. Services are consistent with Children’s Therapeutic Services and Supports (CTSS), except Youth ACT services are:
- provided by multidisciplinary, qualified staff, who have the capacity to provide most mental health services necessary to meet the member's needs, using a total team approach;
- directed to eligible members who require intensive services;
- available 24 hours per day, 7 days per week, for if the member requires this level of service.

**Eligible Providers**
- have a contract with a host county;
- be certified to provide ARMHS or CTSS;

A Youth ACT team must include the following staff:
- mental health professional;
- licensed alcohol and drug counselor trained in mental health interventions;
- Certified Peer Specialist level I or II;
- one of the following, credentialed to prescribe medications:
  - Advanced Practice Registered Nurse certified in psychiatric or mental health care;
  - board-certified child and adolescent psychiatrist.

Based on member needs, the team may include:
- additional mental health professionals;
- a vocational specialist;
- an educational specialist;
- a child and adolescent psychiatrist retained on a consultant basis;
- mental health practitioners;
- mental health case manager;
- a housing access specialist.

**Eligible Members**
To be eligible for Youth ACT, members must be 16-20 years old and have:
- must be eligible for medical assistance (Medicaid);
- enrolled in South Country Health Alliance;
- diagnosis of serious mental illness or co-occurring mental illness and substance abuse addiction;
- CASII level of care determination of level 4 or above;
- functional impairment and a history of difficulty in functioning safely and successfully in the community, school, home or job;
- probable need for services from the adult mental health system within the next two years;
- have a current diagnostic assessment indicating the need for intensive nonresidential rehabilitative mental health services.

**Covered services**
- individual, family, and group psychotherapy;
- individual, family, and group skills training;
- crisis assistance;
- medication management;
- mental health case management;
- medication education;
- care coordination with other care providers;
- psycho-education to, and consultation and coordination with, the member's support network (with or without member present);
- clinical consultation to the member’s employer or school;
- coordination with, or performance of, crisis intervention and stabilization services;
- assessment of member’s treatment progress and effectiveness of services using outcome measurements;
- transition services;
- integrated dual disorders treatment;
- housing access support.

*members and/or family members must receive at least 3 face-to-face contacts per week, totaling a minimum of 85 minutes of service.

**Authorization**

**Notification is required** (Form SCHA #2281)
- after threshold is met.

**Service Thresholds**
- 75 units of service in a calendar year.

**Billing**

### Youth ACT & Other Concurrent Services

The Youth ACT team must coordinate all services provided concurrently with ACT services.

*when requesting authorization, clearly document medical necessity for the additional service(s).

*include the reasons Youth ACT does not/cannot meet member’s needs (specialty service, transitional service, etc.)

<table>
<thead>
<tr>
<th>Other Service</th>
<th>Is service included in Youth ACT?</th>
<th>Can service be provided in addition to Youth ACT?</th>
<th>Service Limitations</th>
</tr>
</thead>
<tbody>
<tr>
<td>MH-TCM</td>
<td>Yes</td>
<td>No</td>
<td>Case management functions are bundled in the Youth ACT rate. CMH-TCM is covered only in the month of admission or discharge from Youth ACT. CMH-TCM must request authorization for coverage other than month of admission/discharge.</td>
</tr>
<tr>
<td>CMH Day Treatment</td>
<td>No</td>
<td>When authorized</td>
<td>Day Treatment program must request authorization. If Youth ACT team approves Day Treatment, Youth ACT team must provide a statement to Day Treatment provider for authorization request purposes. Day Treatment providers may not be additional Youth ACT team members. Day Treatment providers must accept clinical direction from the Youth ACT team.</td>
</tr>
<tr>
<td>Children's Residential Treatment Services</td>
<td>No</td>
<td>No</td>
<td>Cannot be billed separately. No authorization required.</td>
</tr>
<tr>
<td>Partial Hospitalization</td>
<td>No</td>
<td>Yes</td>
<td>Partial hospitalization thresholds and limitations apply.</td>
</tr>
<tr>
<td>IRTS</td>
<td>No</td>
<td>Yes</td>
<td>Youth ACT and IRTS may be provided concurrently without authorization.</td>
</tr>
<tr>
<td>Service</td>
<td>Available (Y/N)</td>
<td>Billable (Y/N)</td>
<td>Description</td>
</tr>
<tr>
<td>----------------------------------------</td>
<td>-----------------</td>
<td>----------------</td>
<td>-------------</td>
</tr>
<tr>
<td>CTSS and ARMHS</td>
<td>Yes</td>
<td>No</td>
<td>Rehabilitative skills training is a component of Youth ACT services, cannot be billed separately.</td>
</tr>
<tr>
<td>Mental Health Behavioral Aide Services</td>
<td>No</td>
<td>No</td>
<td>Cannot be billed separately.</td>
</tr>
<tr>
<td>Crisis Assessment and Intervention (mobile)</td>
<td>Yes</td>
<td>No</td>
<td>A component of Youth ACT. Team must provide or contract with a Crisis provider for this service. Cannot be billed separately.</td>
</tr>
<tr>
<td>Crisis Stabilization – Non-residential</td>
<td>Yes</td>
<td>No</td>
<td>No authorization required.</td>
</tr>
<tr>
<td>Crisis Stabilization – Residential</td>
<td>No</td>
<td>Yes</td>
<td>Service limits apply. Services must be coordinated between the Youth ACT and residential crisis providers.</td>
</tr>
<tr>
<td>Medication Management</td>
<td>Yes</td>
<td>No</td>
<td>Provided by physician or advanced practice registered nurse team members.</td>
</tr>
<tr>
<td>Outpatient Psychotherapy</td>
<td>Yes</td>
<td>No</td>
<td>A component of Youth ACT. Cannot be billed separately.</td>
</tr>
<tr>
<td>Inpatient Hospitalization</td>
<td>No</td>
<td>Yes</td>
<td>Inpatient hospitalization services are reimbursed separately from Youth ACT.</td>
</tr>
<tr>
<td>Waivered Services</td>
<td>No</td>
<td>Yes</td>
<td>County must approve concurrent care.</td>
</tr>
<tr>
<td>Other medical services (PCA)</td>
<td>No</td>
<td>Yes</td>
<td>Service limits apply to each service.</td>
</tr>
</tbody>
</table>