

Medicare Supplemental Benefits

2024





Be Active! Exercise Program

AbilityCare & SeniorCare Complete members

- Member receives up to \$40 off monthly health club membership for SeniorCare Complete
- Member receives and up to \$65 off monthly health club membership for AbilityCare
- No "max number of visits" to receive discount



Home Delivered Meals

AbilityCare & SeniorCare Complete members

- Eligible members on waiver (DSD or EW) are eligible only if their waiver services have reached a budget cap
- Post discharge (inpatient, observation stay, swing bed, skilled rehab)
- Max of 10 weeks, 2 meals per day after discharge (max of 140 meals per year)



Eyewear Lens Upgrade

AbilityCare & SeniorCare Complete members

- Any combination of the following upgraded lenses:
 - anti-glare coating
 - photochromatic lens tinting
 - progressive lenses



PERS (Personal Emergency Response System)

AbilityCare & SeniorCare Complete members

- Eligible members include non-waiver or for those on EW eligible only if their waiver services have reached the budget cap
- No annual maximum

Porcelain Crown

More information to follow ...

Michele Grose, Dental Program Manager



DME/Safety/Home Modifications

SeniorCare Complete members only

- Equipment or modifications that promote health or safe independent living such as: grab bars, shower or bathtub seats, handrails, non-slip flooring, temporary wheelchair ramps, electronic medicine dispenser, oral health items, and lift chairs, etc. (max \$1,000 year)



New in 2024!



In Lieu of Service 2024



DELFINA



New Benefit 2024

Maternal Health Support with DelfinaCare, sponsored by South Country Health Alliance and local public health

DelfinaCare is a care management platform serving pregnant South Country members from 1st trimester to 12-month post-partum

Eligible members include SNBC products:

- AbilityCare
- SingleCare
- SharedCare



Benefit Includes:

- Education and support during all phases of pregnancy and 12 months after delivery
- Innovative advancements in the intersection between technology and human touch
- Mobile app provides education content, live virtual programs, track health symptoms and progress, engage with a Delfina Guide (doula*)
- In-home monitoring equipment (weight scale shipped to member)
- Telehealth providers as needed: mental health and registered dietician
- No cost to member

* a doula is a trained professional who provides emotional support

How to learn more about this benefit and sign up

1. Member may receive information during public health in-home family visit and learn how to sign up for free
2. Member may call members services to learn more or to request this benefit and receive a follow up call from a case manager
3. Member may receive a packet of information in the mail from South Country's maternal health program specialists





Recuperative Care

- Member Eligibility:
 - Not be a child
 - Be experiencing homelessness
 - Be in need of short-term acute medical care for a period of no more than 60 days
- Services to be provided in any setting (homeless shelters, congregate care settings, single room occupancy settings, or supportive housing)
- Setting must include the following:
 - 24-hour access to a bed/bathroom, access to three meals a day, availability to environmental services, access to a telephone, a secure place to store belongings, and staff available within the setting to provide a wellness check as needed (minimum once every 24 hours)



Cost Sharing Updates for 2024

- Medical Assistance no longer has member copays
- MinnesotaCare copay changes are as follows:
 - \$25 prescription drugs (name brand)
 - \$28 non-preventative office visit
 - \$10 eyeglasses
 - \$0 non-routine dental services



Questions?